Last updated: Monday, 2 June, 2014

#### ABOUT THESE SPECIFICATIONS:

These internal specifications are updated as per the update date (above) and may vary depending on the availability of some ingredients. Please check the 'update' date above and make sure you contact the Ferguson Plarre Bakehouses Head Office on 03 9336 3200 if you require further assistance or have any concerns about a particular ingredient.

Product availability may vary due to the time of year & availability of ingredients.

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#### **TO QUICKLY NAVIGATE THIS INDEX:**

- 1. All products are indexed alphabetically.
- 2. Click on the product to link quickly to the Specification you require.
- 3. Press the Ctrl & Home keys together to return to the Index at any time.

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BAKEHOUSES

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BAKEHOUSES

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### Apple & Walnut Scrolls

Size: 130g
Shelf Life: 1 Day

CEHOUSES

Ingredients: Flour (34%) (Wheat Flour, Vitamin (Thiamin)), Water (16%), White Fondant (7%) (Sugar,

Glucose, Water), Castor Sugar (7%) (Sugar), Margarine (6%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Diced / Sliced Apple (6%) (Apple, Food Acid (300), Firming Agent (509)), Sultanas (6%) (Sultanas, Vegetable Oil, Glycerine), Currants (6%) (Currants Vegetable Oil (Soyabean And Cottonseed).), Walnuts (5%) (Walnuts 100%), Liquid Egg (2.5%), Full Cream Milk Powder (1%) (Milk), Citrus Peel (1%) (Sugar, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Yeast Dry Instant Fermex 20 x 500gm (1%) (Bakers Yeast, Emulsifier (491), Salt Fine 25kg (0.5%) (Salt), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Cinnamon Ground (0%) (Cinnamon), Cinnamon Pada Vera (0%) (Cinnamon), Colour

Yellow Egg (Colour (102, 123))

Nutrition Information: Servings per package (average): 1

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1680kJ (402Cal)	1290kJ (309Cal)
Protein	8.1g	6.2g
Fat , total	12.8g	9.9g
- saturated	4.6g	3.5g
Carbohydrate	61.7g	47.4g
- sugars	29.9g	23.0g
Sodium	480mg	369mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### **Apple Crumble Muffin**

**Size:** 125g

Shelf Life: 3 Days

BAKEHOUSES

Ingredients: Sugar, Wheat Flour, Apple (20%): [Apple, Food Acid (300), Firming Agent (509)], Egg, Yoghurt:

[Milk, Milk Solids Non Fat, Live Cultures], Vegetable Fat, Vegetable Oil, Milk Solids, Milk Fat, Spice, Sweet Sherry, Jam: [Sugar, Plums, Raspberries, Vegetable Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Salt, Glucose, Wheat Starch, Soy Flour, Dextrose, Modified Maize Starch (1422), Mineral Salts (500, 541, 170, 450, 339), Emulsifiers (322 Soy, 471 soy, 477, 472B, 447), Food Acid (330), Colour (122, 133, 150C, 155, 102), Flavours, Vegetable Gum (415), Preservative (202, 220), Antioxidant (320, 307, 306)

Nutrition Information: Servings per package (average): 1

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1710kJ (409Cal)	1370kJ (327Cal)
Protein	5.9g	4.7g
Fat , total	21.4g	17.1g
- saturated	3.2g	2.6g
Carbohydrate	51.1g	40.9g
- sugars	33.9g	27.1g
Sodium	409mg	327mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### Family Apple Crumble Pie

Size: 1kg

mg

Shelf Life:

3 Days

Ingredients:

Diced/Sliced Apple (Apple, Food Acid (300), Firming Agent (509)), Sugar (Sugar), Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Butter, Unsalted (Cream), Flour, Coconut (Coconut, Preservative (223)), Sponge Mix (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Egg Pulp (Eggs), Royal Danish12.5kg (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean, (165mg/kg)], Flavours & Colour (160b, 100).), Currants (Currants Vegetable Oil), Sultanas (Sultanas, Vegetable Oil), Pre Gel (Thickener (1422 Maize)), Chia Seeds, Cinnamon Pada Vera (Cinnamon), Baking Powder (Rice Flour, Mineral Salts (450),(500)), Iodised Salt (Salt, Potassium Iodate), Vanillin (Spice)

Nutrition Information: Servings per package (average): 12

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1160kJ (276Cal)	1160kJ (276Cal)
Protein	3.1g	3.1g
Fat , total	13.4g	13.4g
- saturated	9.3g	9.3g
Carbohydrate	35.3g	35.3g
- sugars	21.1g	21.4g
Sodium	131mg	131mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products
Contains seeds

Last updated: Monday, 2 June, 2014

### Mini Apple Crumble Pie

**Size:** 75g

Shelf Life: 3 Days

Ingredients:

Diced/Sliced Apple (Apple, Food Acid (300), Firming Agent (509)), Sugar (Sugar), Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Butter, Unsalted (Cream), Flour, Coconut (Coconut, Preservative (223)), Sponge Mix (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Egg Pulp (Eggs), Royal Danish12.5kg (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean,(165mg/kg)], Flavours & Colour (160b, 100).), Currants (Currants Vegetable Oil), Sultanas (Sultanas, Vegetable Oil), Pre Gel (Thickener (1422 Maize)), Chia Seeds, Cinnamon Pada Vera (Cinnamon), Baking Powder (Rice Flour, Mineral Salts (450),(500)), Iodised Salt (Salt, Potassium Iodate), Vanillin (Spice)

Nutrition Information: Servings per package (average): 1

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	850kJ (203Cal)	1160kJ (276Cal)
Protein	2.3g	3.1g
Fat , total	9.4g	12.6g
- saturated	6.4g	8.5g
Carbohydrate	26.8g	35.7g
- sugars	15.8g	21.1g
Sodium	102mg	136mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products
Contains seeds

Last updated: Monday, 2 June, 2014

### **Apple Slice**

**Size:** 140g

Shelf Life: 2 Days

Ingredients:

CEHOUSES

Diced / Sliced Apple (64%) (Apple, Food Acid (300), Firming Agent (509)), Flour (13%) (Wheat Flour, Vitamin (Thiamin)), Castor Sugar (8%) (Sugar (8%)), Butter, Unsalted (5%) (Cream, Salt), Apple Juice (2.5%) (Reconstituted Apple Juice, Vitamin C (300), Flavour), Egg Pulp Sunny Queen (2%) (Whole Egg Pulp Produced From Shell Hen Eggs), Royal Danish12.5kg (2%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean,(165mg/kg)], Flavours & Colour (160b, 100).), Apple Mix (1.5%) (Sugar, Dried Apple (35%), Modified Maize Starch (1422), Food Acid (330), Preservative (202, 220)), Instant Ftd 449 (0.5%) (Thickener (1422 Maize)), Corn Flour (0.5%) (Wheaten Cornflour), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice)

Nutrition Information: Servings per package (average): 1

Serving size (average): 140g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1020kJ (245Cal)	732kJ (175Cal)
Protein	2.7g	1.9g
Fat , total	8.6g	6.2g
- saturated	5.4g	3.8g
Carbohydrate	39.5g	28.2g
- sugars	24.1g	17.2g
Sodium	185mg	132mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### **Banana** Bread

**Size:** 768g

Shelf Life: 3 Days

Ingredients: Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Banana (18%), Sugar (Brown Sugar),

Milk Plain (Milk), Canola Oil (12%) (Canola Oil, Antioxidant (306)), Egg Pulp (Eggs), Baking Powder (Rice Flour, Mineral Salts (450),(500)), Corn Flour (Wheaten Cornflour), Chia Seeds, Lemon Juice (Water, Lemon Concentrate, Preservative (223).), Nutmeg (Nutmeg), Cinnamon

Pada Vera (0%) (Cinnamon)

Nutrition Information: Servings per package (average): 8

Serving size (average): 96g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1290kJ (309Cal)	1350kJ (321Cal)
Protein	5.0g	5.2g
Fat, Total	14.7g	15.3g
- Saturated	1.7g	1.7g
Carbohydrate	40.8g	42.5g
- Sugars	21.0g	21.8g
Sodium	214mg	223mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

### **Bee Sting**

Size: 180g
Shelf Life: 1 Day

Ingredients:

CEHOUSES

Thickened Cream (39%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (21%), Kreme Yrd (Wheaten Flour, Vegetable Oil, Sugar, Emulsifiers (481, 471, 477), Oat Fibre, Non Fat Milk Solids, Salt, Soy Flour, Baking Powder (Mineral Salts (450,500)), Vegetable Gum (412), Wheat Malt Flour(Enzyme Active), Flour Treatment Agents (510,300), Colour (160(A)), Enzymes.), Almond Flakes/slices Blanched (4.5%) (Almonds, Preservative (220), Pinnacle Florentine Mix (4.5%) (Glucose Syrup, Sucrose, Vegetable Fat, Dextrose (Wheat), Non Fat Milk Solids, Soy Lecithin, Honey Powder, Cream Powder, Flavour), Castor Sugar (4%) (Sugar), Corn Flour (4%) (Wheaten Cornflour), Apricot Jam (3.5%) (Sugar, Apricots, Apples, Pectin, Food Acid (330), Preservative (202), Colours (102, 110), Flavour), Full Cream Milk Powder (2%) (Milk), Egg Pulp (1.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Pettina Cream Stabiliser (1%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Butter, Unsalted (0.5%) (Cream), Egg Yolk (0.5%), Yeast Dry Instant (0%) (Bakers Yeast, Emulsifier (491), Sugar - Grade A1 (0%) (Sugar), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Colour Yolkine Liquid (0%) (Colour E102, Colour E110), Vanillin (0%) (Spice)

**Nutrition Information:** 

Servings per package (average): 1

Serving size (average): 180g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2200kJ (525Cal)	1220kJ (291Cal)
Protein	7.9g	4.4g
Fat, Total	33.5g	18.6g
- Saturated	20.9g	11.6g
Carbohydrate	47.3g	26.3g
- Sugars	25.1g	14.0g
Sodium	201mg	112mg

Storage Conditions: Store in refrigeration below 5°C.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Peanuts, tree nuts, soybeans and their products

Milk and Milk products

Egg and egg products

Last updated: Monday, 2 June, 2014

### Biscuits - Mother's Day Burnt Butter

**Size:** 315g

Shelf Life: 7 Days

Ingredients: Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Icing White (Sugar, Corn Syrup, Palm

Oil, Gum Tragacanth(413), Artificial Vanilla Flavouring, Cellulose

Gum(460), Glycerine(422), Modified Corn Starch, Preservatives 202, Acetic Acid(260), Titanium Dioxide(171)), Golden Syrup (Golden Syrup), Sugar (Brown Sugar), Butter, Unsalted (Cream), Egg Pulp (Eggs), Frosting Sheet (Water, Cornstarch, Corn Syrup, Corn Syrup Soliids, Cellulose, Sorbitol, Glycerine, Sugar, Vegetable Oil, Arabic Gum, Polysorbate 80, Keep, Titanium Dioxide,

Citric Acid, Colours 110,133,122,102), Baking Soda

Nutrition Information: Servings per package (average): 9

Serving size (average): 35g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	609kJ (145Cal)	1740kJ (415Cal)
Protein	1.7g	4.9g
Fat , total	4.2g	12.0g
- saturated	2.4g	7.0g
Carbohydrate	24.7g	70.7g
- sugars	15.4g	44.0g
Sodium	63mg	181mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

### Biscuits - Choc Yo Yo's

Size: 30g

Shelf Life: 7 Days

EHOUSES

Ingredients: Wheat Flour, Sugar, Butter: [Cream, Water], Chocolate (10%): [Sugar, Vegetable Fat, Milk

Solids, Cocoa Powder, Emulsifiers (Soya Lecithin, 476, 492), Flavour], White Chocolate (6%): [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours, May Contain Traces Of Nuts], Wheaten Cornflour, Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160b, 100)], Egg, Water, Lemon Concentrate, Preservative (223), Mineral Salts (450, 500), Salt, Spice, Vitamin (Thiamine)

Nutrition Information: Servings per package (average): 1

Serving size (average): 30g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	561kJ (134Cal)	1870kJ (448Cal)
Protein	1.3g	4.3g
Fat , total	6.2g	20.8g
- saturated	4.6g	15.2g
Carbohydrate	18.0g	60.0g
- sugars	12.3g	41.1g
Sodium	62mg	208mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### Biscuits - Yo Yo's (dusted)

Size: 30g

Shelf Life: 7 Days

Ingredients: Wheat Flour, Sugar, Butter: [Cream, Water], Wheaten Cornflour, Dusting Sugar (5%): [Dextrose,

Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307)], White Chocolate: [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours, May Contain Traces Of Nuts], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160b, 100)], Egg, Water, Lemon Concentrate, Preservative

(223), Mineral Salts (450, 500), Salt, Spice, Vitamin (Thiamine)

Nutrition Information: Servings per package (average): 1

Serving size (average): 30g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	543kJ (130Cal)	1810kJ (433Cal)
Protein	1.1g	3.8g
Fat , total	5.6g	18.7g
- saturated	3.7g	12.4g
Carbohydrate	18.6g	61.9g
- sugars	12.1g	40.4g
Sodium	61mg	203mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### Biscuits - Festive Yo Yo's (Iced)

**Size**: 360g

Shelf Life: 60 Days

Ingredients: Wheat Flour, Sugar, Butter: [Cream, Water], Wheaten Cornflour, Dusting Sugar (5%): [Dextrose,

Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307)], White Chocolate: [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours, May Contain Traces Of Nuts], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160b, 100)], Egg, Water, Lemon Concentrate, Preservative

(223), Mineral Salts (450, 500), Salt, Spice, Vitamin (Thiamine)

Nutrition Information: Servings per package (average): 12

Serving size (average): 30g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	543kJ (130Cal)	1810kJ (433Cal)
Protein	1.1g	3.8g
Fat , total	5.6g	18.7g
- saturated	3.7g	12.4g
Carbohydrate	18.6g	61.9g
- sugars	12.1g	40.4g
Sodium	61mg	203mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### **Black Forest Cake**

Size: 2.376kg
Shelf Life: 3 Days

Ingredients: Sour Red Cherries (23%), Thickened Cream: [Cream, Gelatine(Halal), Carrageenan(407)],

Water, Sugar, Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours], Strawberry (6%), Wheat Flour, Egg, Canola Oil, Cocoa Powder, Milk Solids, Emulsifiers (472b, 447, 471 Soy), Thickener (1414, 1422 Maize), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Antioxidant (306, 307), Salt, Wheat Starch, Vegetable Gum (415, 401, 407, 412, 466), Soy Flour, Dextrose, Flavour, Colour (102, 110, 122, 133, 150c, 155, 150),

Food Acid (331), Preservative (202)

Nutrition Information: Servings per package (average): 12

Serving size (average): 198g

	Ave. Quantity per Serving	Ave. Quantity per 100g
	Average Quantity per Serving	Average Quantity per 100g
Energy	2490kJ (595Cal)	1260kJ (300Cal)
Protein	7.4g	3.7g
Fat, Total	32.4g	16.4g
- Saturated	22.8g	11.5g
Carbohydrate	68.1g	34.4g
- Sugars	54.0g	27.3g

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Tree nuts/pips and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products
Contains preservative

Last updated: Monday, 2 June, 2014

#### **Boston Bun**

Size: 450g
Shelf Life: 1 Day

Ingredients: Flour (32%) (Wheat Flour, Vitamin (Thiamin)), Icing Sugar (20%) (Sugar, Maize Flour), Water

(15%), Margarine (15%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Coconut (5%) (Coconut, Preservative (223)), Castor Sugar (4%) (Sugar), Canola Oil (2%) (Canola Oil, Antioxidant (306)), White Cloud KI (2%) (Vegetable Fat), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Butter, Unsalted (1%) (Cream, Salt), Salt Fine 25kg (1%) (Salt), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Full Cream Milk Powder (0.5%) (Milk), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment

Agent (300), Enzymes (Amylase))

Nutrition Information: Servings per package (average): 6

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1270kJ (302Cal)	1690kJ (403Cal)
Protein	3.7g	4.9g
Fat , total	15.6g	20.8g
- saturated	9.4g	12.5g
Carbohydrate	36.1g	48.1g
- sugars	18.1g	24.1g
Sodium	357mg	476mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products Contains preservative

Last updated: Monday, 2 June, 2014

### **Butter Cake**

**Size**: 600g

Shelf Life: 3 Days

Ingredients: Castor Sugar (30%) (Sugar), Am Hi Ratio Cake Flour (24%) (Wheat Flour), Water (17%), Egg

Pulp Sunny Queen (12%) (Whole Egg Pulp Produced From Shell Hen Eggs), Butter, Unsalted (7%) (Cream, Salt), Margarine (6%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Full Cream Milk Powder (2%) (Milk), Glycerine (1%), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Baking Powder (0.5%) (Wheat Flour, Mineral Salts (450, 500)), Salt Fine 25kg (0.5%) (Salt), Instant Ftd 449 (0.5%) (Thickener (1422 Maize)), Colour

Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: Servings per package (average): 6

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1370kJ (326Cal)	1370kJ (326Cal)
Protein	4.0g	4.0g
Fat , total	12.5g	12.5g
- saturated	7.2g	7.2g
Carbohydrate	48.7g	48.7g
- sugars	30.6g	30.6g
Sodium	415mg	415mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

**GMO Status:** To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

### **Caramel Slice**

Size: 80g

Shelf Life: 4 Days

Ingredients: Condensed Milk Sweetened (33%) (Milk, Sugar), Chocolate Kingston Nestle (19%)

(Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecthin, 492), Flavours, Salt May Contain Traces Of Nuts), Thickened Cream (11%) (Cream, Gelatine (Halal), Carrageenan (407)), Butter, Unsalted (10%) (Cream), Sugar (Brown Sugar), Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Coconut (Coconut, Preservative (223)), Golden Syrup (3.5%) (Golden Syrup (3.5%)), Baking Powder (0.5%) (Rice Flour, Mineral Salts (450), (500)), Invert Syrup Csr (0.5%) (Sugar, Water), Kreamolene (0.5%) (Fully Hydrogenerated Coconut Oil),

Iodised Salt (0%) (Salt, Potassium Iodate), Vanillin (0%) (Spice)

Nutrition Information: Servings per package (average): 1

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1460kJ (348Cal)	1820kJ (436Cal)
Protein	3.9g	4.8g
Fat, Total	19.2g	24.0g
- Saturated	14.7g	18.4g
Carbohydrate	39.6g	49.4g
- Sugars	33.9g	42.4g
Sodium	115mg	144mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain peanuts, tree nuts, soybeans, and their products

Milk and Milk products

Last updated: Monday, 2 June, 2014

#### Carrot Cake

**Size:** 700g

Shelf Life: 3 Days

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Ingredients: Flour (15%) (Wheat Flour, Vitamin (Thiamin)), Castor Sugar (15%) (Sugar), Carrot (15%), Multi Purpose Cake Mix Conentrate (14%) (Wheat Flour, Sugar, Soya Flour, Raising Agents (500,170,450), Bulking Agent (1200), Emulsifier (471,481), Modified Maize Starch, Wheat Starch.), Canola Oil (12%) (Canola Oil, Antioxidant (306)), Egg Pulp Sunny Queen (10%) (Whole Egg Pulp Produced From Shell Hen Eggs), Diced/Sliced Apple (9%) (Apple, Food Acid (300), Firming Agent (509)), Walnuts (4%) (Walnuts 100%), Seed (1%), Cinnamon Pada Vera

(0.5%) (Cinnamon), Apple Juice (0%) (Reconstituted Apple Juice, Vitamin C (300), Flavour), Salt Fine 25kg (0%) (Salt), Speculaas (0%) (Spices), Pinnacle Ginger Ground 1kg (0%) (Ginger

Ground), Vanillin (0%) (Spice)

Nutrition Information: Servings per package (average): 10

Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	966kJ (231Cal)	1380kJ (330Cal)
Protein	3.3g	4.8g
Fat , total	12.1g	17.3g
- saturated	1.1g	1.5g
Carbohydrate	28.3g	40.5g
- sugars	16.8g	24.0g
Sodium	78mg	111mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### Cherries On The Run

Size: 1.3kg

Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Cherries (15%), Wheat Flour, Sugar, Egg,

Chocolate Paste: [Water, Colour (122, 133, 150C, 155), Flavours, Vegetable Gum (415), Preservative (202)], Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Maize Starch, Vegetable Fat, Vegetable Gum (415, 401), Soy Flour, Dextrose, Flavour,

Colour (102, 150), Antioxidant (307)

Nutrition Information: Servings per package (average): 12

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1230kJ (294Cal)	1120kJ (267Cal)
Protein	3.0g	2.7g
Fat , total	20.6g	18.7g
- saturated	14.9g	13.5g
Carbohydrate	26.1g	23.8g
- sugars	19.6g	17.8g
Sodium	137mg	124mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### Cherry Chocolate Pudding - Large

**Size:** 800g

Shelf Life: 7 Days

Ingredients: Sugar (Brown Sugar), Cherries - Sour Pitted 4.45kg (Sour Red Cherries, Water), Chocolate Dark

(Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecthin,492), Flavours, Salt May Contain Traces Of Nuts), Water, Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Butter, Unsalted (Cream), Egg Pulp (Eggs), Icing Sugar (Sugar, Maize Flour), Cocoa Powder, Milk Plain (Milk), Baking Powder (Rice Flour, Mineral Salts (450),(500)), White Fondant (S/i) (Sugar, Corn Syrup, Water, Vegetable Shortening, Glycerine (422), Gums (413, 466) colour (171), Vegetable Gum (415), Emulsifier (471), Preservative (202), Artificial Vanilla Flavouring),

Iodised Salt (Salt, Potassium Iodate)

Nutrition Information: Servings per package (average): 10

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1030kJ 246Cal)	1290kJ (308Cal)
Protein	3.4g	4.2g
Fat , total	11.4g	14.2g
- saturated	8.0g	10.0g
Carbohydrate	32.8g	41.0g
- sugars	25.4g	31.7g
Sodium	91mg	114mg

Storage Conditions: Store at in a chilled environment away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts, Tree nuts, soybeans and their products

Milk and Milk products

Egg & Egg products

Last updated: Monday, 2 June, 2014

### **Cherry Chocolate Pudding - Small**

Size: 360g

Shelf Life: 7 Days

Ingredients: Chocolate Dark (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecthin, 492),

Flavours, Salt May Contain Traces Of Nuts), Sugar (Brown Sugar), Cherries - Sour Pitted 4.45kg (Sour Red Cherries, Water), Water, Butter, Unsalted (Cream), Icing Sugar (Sugar, Maize Flour), Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Egg Pulp (Eggs), Cocoa Powder, Milk Plain (Milk), White Fondant (S/i) (Sugar, Corn Syrup, Water, Vegetable Shortening, Glycerine (422), Gums (413, 466) colour (171), Vegetable Gum (415), Emulsifier (471), Preservative (202), Artificial Vanilla Flavouring), Baking Powder (Rice Flour, Mineral Salts

(450),(500)), lodised Salt (Salt, Potassium Iodate)

Nutrition Information: Servings per package (average): 4

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1260kJ 301Cal)	1400kJ (335Cal)
Protein	3.6g	4.0g
Fat , total	14.2g	15.8g
- saturated	10.5g	11.7g
Carbohydrate	39.6g	44.0g
- sugars	32.1g	35.7g
Sodium	110mg	123mg

Storage Conditions: Store at in a chilled environment away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts, Tree nuts, soybeans and their products

Milk and Milk products
Egg & Egg products

Last updated: Monday, 2 June, 2014

### Chocolate Cake (Flourless) Medium

Size: 504g

Shelf Life: 3 Days

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Ingredients: Chocolate Kingston Nestle (26%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy

Lecthin,492),Flavours,Salt, May Contain Traces Of Nuts), Castor Sugar (16%) (Sugar), Almond Meal (Friutex) (15%) (Almonds), Egg White (15%), Butter, Unsalted (14%) (Cream, Salt), Egg Yolk (11%), Sugar - Grade A1 (Sugar), Medium Dry Sherry (0.5%), Actiwhite (0.5%) (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), Coffee

Instant Nescafe (0%) (Coffee Beans), Icing Sugar (0%) (Sugar, Maize Flour)

Nutrition Information: Servings per package (average): 8

Serving size (average): 63g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	949kJ (227Cal)	1520kJ (363Cal)
Protein	6.7g	10.7g
Fat, Total	15.6g	24.9g
- Saturated	8.9g	14.3g
Carbohydrate	22.6g	36.1g
- Sugars	19.7g	31.5g
Sodium	88mg	141mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Milk and Milk products

Egg and egg products
Soybeans or soy products

Caffeine

Last updated: Monday, 2 June, 2014

### **Chocolate Ganache Large**

Size: 1800g
Shelf Life: 3 Days

Ingredients: Flour Plain Manildra (17%) (Wheat Flour), Egg Pulp Pace (16%) (Egg), Chocolate

Kingston Nestle (15%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy

Lecithin,492), Flavours, Salt May Contain Traces Of Nuts), Cream Thickened Regal (15%) (Cream, Halal Gelatine, Carrageenan), Sugar Castor (12%) (Sugar), Strawberries Fresh (9%), Water (8%), Ovalett (3%) (Water, Emulsifiers (471 soy, 475), Humectant (420), Sugar, Dextrose,

Preservative(202), Colours (102,110).), Chocolate Paste Pettina (1.5%) (Water, Colours

(122,133,150c,155), Flavours, Vegetable Gum(415), Preservative(202).), Butter Unsalted (1%) (Cream, Water), Fondant Soft Galpac (1%) (Sucrose, Glucose, Water), Solite Vegetable (1%) (Vegetable Fats And Oils, Emulsifers (435,471), Antioxidants [306, From Soy Bean,(200mg/kg)]

And Flavour), Baking Powder (0.5%)

Nutrition Information: Servings per package (average): 14.4

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1530kJ (366Cal)	1230kJ (293Cal)
Protein	5.9g	4.7g
Fat , total	17.9g	14.3g
- saturated	12.1g	9.7g
Carbohydrate	44.4g	35.5g
- sugars	28.6g	22.9g
Sodium	203mg	162mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts & soybean products

Dairy (eggs & milk)

Last updated: Monday, 2 June, 2014

### Chocolate Ganache Small

Size: 1100g
Shelf Life: 3 Days

Ingredients: Flour Plain Manildra (17%) (Wheat Flour), Egg Pulp Pace (16%) (Egg), Chocolate

Kingston Nestle (15%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers(Soy

Lecithin,492),Flavours, Salt May Contain Traces Of Nuts), Cream Thickened Regal (15%) (Cream, Halal Gelatine, Carrageenan), Sugar Castor (12%) (Sugar), Strawberries Fresh (9%), Water (8%), Ovalett (3%) (Water, Emulsifiers (471soy,475), Humectant(420),Sugar, Dextrose,

Preservative(202), Colours(102,110).), Chocolate Paste Pettina (1.5%) (Water, Colours(122,133,150c,155), Flavours, Vegetable Gum(415), Preservative(202).),

Butter Unsalted (1%) (Cream, Water), Fondant Soft Galpac (1%) (Sucrose, Glucose, Water), Solite Vegetable (1%) (Vegetable Fats And Oils, Emulsifers (435,471), Antioxidants[306,From

Soy Bean,(200mg/kg)] And Flavour), Baking Powder (0.5%)

Nutrition Information: Servings per package (average): 8.8

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1530kJ (366Cal)	1230kJ (293Cal)
Protein	5.9g	4.7g
Fat , total	17.9g	14.3g
- saturated	12.1g	9.7g
Carbohydrate	44.4g	35.5g
- sugars	28.6g	22.9g
Sodium	203mg	162mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts & soybean products

Dairy (eggs & milk)

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014

Last updated: Monday, 2 June, 2014

### **Chocolate Gingerbread People**

Size: 80g

Shelf Life: 60 Days

Ingredients: Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Golden Syrup (Golden Syrup), Cake

Toppings - Rainbow Sprinkles 1mm (Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Additives Used - Yellow(102), Orange(110), Green(102, 133), Blue(133, 122), Mauve(122, 123, 133), Red(124), Pink(123, 124)), Egg Pulp (Eggs), Chocolate Dark (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecthin, 492), Flavours, Salt May Contain Traces Of Nuts), Icing Sugar (Sugar, Maize Flour), Cocoa Powder, Pinnacle Ginger Ground 1kg (Ginger Ground), Baking Soda, Egg, Sugar (Brown Sugar), Butter, Unsalted (Cream), Acetic Acid (Food

Acic (330))

Nutrition Information: Servings per package (average): 1

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1150kJ (274Cal)	1440kJ (343Cal)
Protein	5.4g	6.8g
Fat , total	3.9g	4.8g
- saturated	2.5g	3.2g
Carbohydrate	52.7g	65.9g
- sugars	29.5g	36.9g
Sodium	186mg	233mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts & soybean products

Dairy (eggs & milk)

Last updated: Monday, 2 June, 2014

### **Chocolate Iced Sponge - Creamed**

**Size:** 760g

Shelf Life: 2 Days

Ingredients:

Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Milk Solids, Emulsifiers (Soy Lecithin, 478, 492, 476), Flavours, May Contain Traces Of Nuts], Water, Cherries, Sprinkles: [Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Colours (102, 110, 133, 122, 123, 124)], Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Vegetable Fat, Vegetable Gum (415, 401), Soy Flour, Glucose, Dextrose, Flavour, Colour (102, 150, 129), Preservative (211), Antioxidant

(307)

Nutrition Information: Servings per package (average): 8

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1320kJ (315Cal)	1390kJ (332Cal)
Protein	3.8g	4.0g
Fat , total	20.2g	21.3g
- saturated	14.7g	15.5g
Carbohydrate	30.1g	31.7g
- sugars	21.4g	22.5g
Sodium	166mg	175mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### **Chocolate Mousse Cake**

Size: 1.2kg
Shelf Life: 2 Days

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Ingredients:

Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Strawberry, Sugar, Chocolate: [Sugar, Vegetable Fat, Cocoa, Milk Solids Non Fat, Emulsifiers (Soy Lecithin,462, 478, 492), Flavour], Salt, Egg, Cream Cheese: [Milk, Starter Cultures], Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Dextrose, Modified Maize Starch (1422), Water, Colour (122, 133, 150C, 155, 102), Vegetable Gum (415, 401), Cocoa Powder, Gelatine, Dextrose, Vegetable Fat, Milk

Fat, Flavour, Preservative (202, 220), Antioxidant (307)

Nutrition Information: Servings per package (average): 8

Serving size (average): 150g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1890kJ (451Cal)	1260kJ (301Cal)
Protein	5.6g	3.7g
Fat , total	29.5g	19.7g
- saturated	21.9g	14.6g
Carbohydrate	41.1g	27.4g
- sugars	33.6g	22.4g
Sodium	182mg	121mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

### **Chocolate Pudding**

**Size:** 900g

Shelf Life: 5 Days

Ingredients: Ingredients: Chocolate Dark (36%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy

Lecthin,492),Flavours, Salt (May Contain Traces Of Nuts), Sour Cream (19%) (Cream, Sour Cream Cultures), Cream (11%) (Pasteurised Cream), Wheat Flour (10%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Egg Pulp (9%) (Eggs), Sugar (9%) (Brown Sugar), Butter, Unsalted (3.5%) (Cream (3.5%)), Cocoa Powder (0.5%), Baking Powder (0.5%) (Rice Flour, Mineral Salts (450),(500)), Invert Syrup Csr (0.5%)

(Sugar, Water)

Nutrition Information: Servings per package (average): 12

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1310kJ (312Cal)	1740kJ (416Cal)
Protein	3.4g	4.6g
Fat, Total	20.1g	26.7g
- Saturated	15.0g	20.0g
Carbohydrate	29.2g	38.9g
- Sugars	22.9g	30.5g
Sodium	60mg	80mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products

Last updated: Monday, 2 June, 2014

### **Chocolate Royal**

Size: 55g

Shelf Life: 7 Days

Ingredients: In

Ingredients: Chocolate: [sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soya Lecithin, 476, 492), Flavour, Salt (May Contain Traces Of Nuts)], Wheat Flour, Sugar, Butter, Jam Filling: [apple, Sugar, Glucose, Vegetable Gum (440a), Food Acid (330), Colour (123, 110), Preservative (202), Flavour], Egg, Spice, Water, Glucose, Gelatine, Vegetable Fats & Oils, Salt, Rice Flour, Flavour, Mineral Salts (450, 500), Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Vegetable Gum (415), Antioxidants (306soy), Colour (160b, 100, 120),

Preservative (220, 202, 211), Vitamin (Thiamin), Folic Acid)

Nutrition Information: Servings per package (average): 1

Serving size (average): 55g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	968kJ (231Cal)	1760kJ (420Cal)
Protein	2.9g	5.2g
Fat, Total	10.1g	18.3g
- Saturated	8.4g	15.2g
Carbohydrate	31.7g	57.6g
- Sugars	24.8g	45.0g
Sodium	86mg	156mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

### **Chocolate Roll**

**Size:** 440g

Shelf Life: 5 Days

CEHOUSES

Ingredients:

All Purpose Sponge Mix (41%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Egg Pulp Sunny Queen (16%) (Whole Egg Pulp Produced From Shell Hen Eggs), Castor Sugar (11%) (Sugar), Water (7%), Margarine (6%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Margarine (6%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Pettina Chocolate Paste (6%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Invert Syrup Csr (3.5%) (Sugar, Water), Instant Ftd 449 (2%) (Thickener (1422 Maize)), Canola Oil (1.5%) (Canola Oil, Antioxidant (306)), Wispalett Special (0%) (Water, Humectant (420), Emulifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

**Nutrition Information:** 

Servings per package (average): 11

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	577kJ (138Cal)	1440kJ (345Cal)
Protein	1.7g	4.3g
Fat, Total	5.9g	14.8g
- Saturated	2.7g	6.8g
Carbohydrate	19.9g	49.6g
- Sugars	13.2g	32.9g
Sodium	146mg	364mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products

Last updated: Monday, 2 June, 2014

Egg and egg products Contains preservative

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014

### **Chocolate Truffle**

Size: 40g

**Shelf Life:** 4 days unrefrigerated. 14 days refrigerated.

Ingredients:

BAKEHOUSES

Water (63%), Bulla Thickened Cream (7%) (Cream, Gelatine(Halal), Carrageenan(407)), Bakels Creme Cake Muffin Mix (4.5%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioixidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Coconut (4.5%) (Coconut, Preservative (223)), Marie Biscuits (3%) (Wheat Flour, Sugar, Vegetable Fats Or Oils, Invert Syrup, Golden Syrup, Salt, Raising Agenets (503,500), Flavour), Chocolate White Cabury Glow (3%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Liquid Egg (2.5%), Castor Sugar (2.5%) (Sugar), Chocolate Dark (2.5%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), All Purpose Sponge Mix (2%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Canola Oil (1.5%) (Canola Oil, Antioxidant (306)), Egg Pulp Sunny Queen (0.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Margarine (0.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Margarine (0.5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Invert Syrup Csr (0.5%) (Sugar, Water), White Fondant (0.5%) (Sugar, Glucose, Water), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Instant Ftd 449 (0.5%) (Thickener (1422) Maize)), Pettina Chocolate Paste (0%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Apito Orange Flavouring Paste (0%) (Water, Ehtanol, Orange Oil, Vegetable Gums (413, 415), Colours (102, 110, 124), Preservative (202)), Wispalett Special (0%) (Water, Humectant (420), Emulifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Mud Cake Premix (0%) (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents (Sodium Pyrophosphate, Sodium Triphosphate), Salt, Nature Identical Flavour, Emulsifier (322soy Lecithin).), Colour Yellow Egg (0%) (Colour (102, 123)), Butter, Unsalted (0%) (Cream, Salt), Flour (0%) (Wheat Flour, Vitamin (Thiamin)), Cocoa Powder (0%), Medium Dry Sherry (0%), Raspberry Super (0%) (Sugar, Fruit(42%)(Plums, Raspberries), Geling Agent(Pectin), Acid(330), Colours(150c,124,122), Preservative(202), Flavour.), Mineral Salt (0%)

**Nutrition Information:** 

Servings per package (average): 1

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	278kJ (66Cal)	694kJ (166Cal)
Protein	0.7g	1.6g
Fat , total	4.4g	11.1g
- saturated	2.9g	7.2g
Carbohydrate	5.9g	14.2g
- sugars	4.2g	10.5g
Sodium	33mg	82mg

Last updated: Monday, 2 June, 2014

Storage Conditions: Store at ambient temperature away from direct sunlight (4 days shelf life).

Refrigerate to extend shelf life up to 14 days.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Chocolate Truffle Cake (Flourless)

Size: 1.2 kg
Shelf Life: 5 Days

Ingredients: Chocolate Dark (40%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478,

492), Flavours), Bulla Thickened Cream (10%) (Cream, Gelatine(Halal), Carrageenan(407)), Butter, Unsalted (9%) (Cream, Salt), Castor Sugar (9%) (Sugar), Egg White (9%), Almond Meal (Friutex) (8%) (Almonds), Egg Yolk (6%), White Fondant (2.5%) (Sugar, Glucose, Water), Chocolate White Cabury Glow (2.5%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Invert Syrup Csr (1.5%) (Sugar, Water), Sugar - Grade A1 (1%) (Sugar), Cocoa Powder (1%), Medium Dry Sherry (0.5%), Butter Fat (0.5%) (Milk Fat), Icing Sugar (0.5%) (Sugar, Maize Flour), Actiwhite (0%) (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), Coffee

Instant Nescafe (0%) (Coffee Beans)

Nutrition Information: Servings per package (average): 12

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1800kJ (429Cal)	1800kJ (429Cal)
Protein	7.8g	7.8g
Fat , total	28.1g	28.1g
- saturated	21.0g	21.0g
Carbohydrate	43.6g	43.6g
- sugars	38.7g	38.7g
Sodium	105mg	105mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

**Allergens:** May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains Caffeine

\*This product is NOT made with gluten but is not made in a gluten-free environment. We cannot guarantee that trace amounts of gluten will not be present.

Last updated: Monday, 2 June, 2014

#### Christmas - Gingerbread Santa

Size: 50g

Shelf Life: 60 Days

Ingredients: Flour (32%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Icing Colour (22%) (Sugar, Corn

Syrup, Water, Palm Oil, Gum Tragacanth (413), Artifical Vanilla Flavouring, Cellulose Gum (460), Glycenne (422), Modified Corn Startch, Preservatives, Potassium Sorbate (202), Acetic Acid (260), Colours 110,133,129,127,102, Caramel 150d), Golden Syrup (15%) (Golden Syrup (15%)), Sugar (12%) (Brown Sugar), Butter, Unsalted (12%) (Cream), Egg Pulp (7%) (Whole Egg Pulp Produced From Shell Hen Eggs), Pinnacle Ginger Ground 1kg (0.5%) (Ginger Ground), Baking

Soda (0.5%)

Nutrition Information: Servings per package (average): 1

Serving size (average): 50g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	806kJ (193Cal)	1610kJ (385Cal)
Protein	2.4g	4.8g
Fat, Total	5.8g	11.6g
- Saturated	3.4g	6.8g
Carbohydrate	32.6g	65.1g
- Sugars	21.7g	43.3g
Sodium	96mg	191mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products
Cereal containing gluten

Last updated: Monday, 2 June, 2014

#### Christmas - Gingerbread Snowman

**Size:** 70g

Shelf Life: 60 Days

Ingredients: Icing Colour (36%) (Sugar, Corn Syrup, Water, Palm Oil, Gum Tragacanth (413), Artifical Vanilla

Flavouring, Cellulose Gum (460), Glycenne(422), Modified Corn Startch, Preservatives, Potassium Sorbate(202), Acetic Acid(260), Colours 110,133,129,127,102, Caramel 150d), Flour (26%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Golden Syrup (12%) (Golden Syrup (12%)), Sugar (10%) (Brown Sugar), Butter, Unsalted (10%) (Cream), Egg Pulp (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Pinnacle Ginger Ground 1kg (0.5%) (Ginger Ground), Baking

Soda (0.5%)

Nutrition Information: Servings per package (average): 1

Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1130kJ (270Cal)	1620kJ (386Cal)
Protein	2.9g	4.1g
Fat, Total	7.1g	10.1g
- Saturated	4.1g	5.9g
Carbohydrate	48.6g	69.4g
- Sugars	36.2g	51.7g
Sodium	112mg	160mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products
Cereal containing gluten

Last updated: Monday, 2 June, 2014

#### Christmas - Gingerbread Man

Size: 90g

Shelf Life: 60 Days

Ingredients:

Icing Colour (39%) (Sugar,Corn Syrup,Water,Palm Oil, Gum Tragacanth(413),Artifical Vanilla Flavouring, Cellulose Gum (460), Glycenne(422),Modified Corn Startch, Preservatives, Potassium Sorbate(202),Acetic Acid(260), Colours 110,133,129,127,102,Caramel 150d), Flour (24%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Golden Syrup (12%) (Golden Syrup (12%)), Sugar (9%) (Brown Sugar), Butter, Unsalted (9%) (Cream), Egg Pulp (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Rainbow Choc Chips (1%) (Semi Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Dextose, Soy Lecithin(322),Vanilla Extract, Sugar, Titanium Dioxide,Corn Starch,Colours (E102, E110,E129,E123), Confectioner's Glaze (904), Gum Arabic(41), Carbauba Wax (903)), Pinnacle Ginger Ground 1kg (0.5%) (Ginger Ground), Baking Soda (0.5%)

**Nutrition Information:** 

Servings per package (average): 1

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1460kJ (348Cal)	1620kJ (386Cal)
Protein	3.5g	3.9g
Fat, Total	8.9g	9.9g
- Saturated	5.2g	5.7g
Carbohydrate	63.3g	70.4g
- Sugars	48.2g	53.6g
Sodium	136mg	151mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

**Allergens:** May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products
Cereal containing gluten

Last updated: Monday, 2 June, 2014

#### Christmas - Gingerbread Elf House

**Size:** 400g

Shelf Life: 60 Days

Ingredients: Flour (36%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Golden Syrup (18%) (Golden Syrup

(18%)), Sugar (13%) (Brown Sugar), Butter, Unsalted (13%) (Cream), Egg Pulp (8%) (Whole Egg Pulp Produced From Shell Hen Eggs), Icing Sugar (6%) (Sugar, Maize Flour), Chocolate M&ms (4%) (Milk Chocolate68%(Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier(Soy Lecithin), Salt, (Flavour), Sugar Starch(Sources Include Wheat), Glucose Syrup(Sources Include Wheat), Vegetable Gum(414), Colours(171,129,102,133,110), Thickner(Dextrin), Glazing Agent(903), Milk Chocolate Contains A Minimum Of 28% Cocoa Solids And 22% Milk Solids.), Pinnacle Ginger Ground 1kg (0.5%) (Ginger Ground), Baking Soda

(0.5%), Egg (0.5%), Acetic Acid (0%) (Food Acic (330))

Nutrition Information: Servings per package (average): 8

Serving size (average): 50g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	813kJ (194Cal)	1630kJ (389Cal)
Protein	2.7g	5.5g
Fat, Total	6.7g	13.3g
- Saturated	4.0g	8.0g
Carbohydrate	30.5g	61.0g
- Sugars	17.6g	35.1g
Sodium	110mg	220mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

**Allergens:** May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products
Cereal containing gluten

Last updated: Monday, 2 June, 2014

#### Christmas - Gingerbread Santa House

**Size:** 900g

Shelf Life: 60 Days

Ingredients: Flour (35%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Golden Syrup (17%) (Golden Syrup

(17%)), Sugar (13%) (Brown Sugar), Butter, Unsalted (13%) (Cream), Fruit Jubes (8%) (Sugar,Wheat Glucose Syrup,Gelatine, Food Acid(330) ,Flavours,Colours (102,110,122,133), Water Added), Egg Pulp (7%) (Whole Egg Pulp Produced From Shell Hen Eggs), Icing Sugar (3%) (Sugar, Maize Flour), Candy Canes (1.5%) (Sugar,Glucose Syrup(Derived From Corn),Natural Colour(Elderberry Concentrate), Natural Pepermint Oil), Pinnacle Ginger Ground 1kg (0.5%) (Ginger Ground), Baking Soda (0.5%), Egg (0%), Acetic Acid (0%) (Food Acic (330))

Nutrition Information: Servings per package (average): 18

Serving size (average): 50g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	797kJ (190Cal)	1590kJ (381Cal)
Protein	2.8g	5.5g
Fat, Total	6.1g	12.1g
- Saturated	3.6g	7.3g
Carbohydrate	30.9g	61.7g
- Sugars	17.5g	35.0g
Sodium	107mg	214mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

**Allergens:** May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products
Cereal containing gluten

Last updated: Monday, 2 June, 2014

#### Christmas - Gingerbread Gift

**Size:** 900g

Shelf Life: 60 Days

Ingredients: F

Flour (35%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Golden Syrup (17%) (Golden Syrup (17%)), Sugar (13%) (Brown Sugar), Butter, Unsalted (13%) (Cream), Fruit Jubes (8%) (Sugar, Wheat Glucose Syrup, Gelatine, Food Acid(330), Flavours, Colours (102,110,122,133), Water Added), Egg Pulp (7%) (Whole Egg Pulp Produced From Shell Hen Eggs), Icing Sugar (3%) (Sugar, Maize Flour), Candy Canes (1.5%) (Sugar, Glucose Syrup (Derived From Corn), Natural Colour (Elderberry Concentrate), Natural Pepermint Oil), Pinnacle Ginger Ground 1kg (0.5%) (Ginger

Ground), Baking Soda (0.5%), Egg (0%), Acetic Acid (0%) (Food Acic (330))

Nutrition Information:

Servings per package (average): 10 Serving size (average): 50g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	797kJ (190Cal)	1590kJ (381Cal)
Protein	2.8g	5.5g
Fat, Total	6.1g	12.1g
- Saturated	3.6g	7.3g
Carbohydrate	30.9g	61.7g
- Sugars	17.5g	35.0g
Sodium	107mg	214mg

**Storage** Store at ambient temperature away from direct sunlight.

**Conditions:** 

**GMO** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Status:

**Allergens:** May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products

Cereal containing gluten

Last updated: Monday, 2 June, 2014

#### **Christmas - Gingerbread Snowflakes**

Size: 66g

Shelf Life: 60 Days

Ingredients: Wheat Flour (38%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Golden Syrup (19%) (Golden

Syrup (19%)), Sugar (14%) (Brown Sugar), Butter, Unsalted (14%) (Cream), Egg Pulp (8%) (Eggs (8%)), Chocolate Smarties (Milk Chocolate (82%)(Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat, (Antioxidant (309),Emulsifiers[soya Lecithin, 476],Flavours), Shell(38%) (Sugar, Wheat Flour, Thickener (1401), Colours(171,120,102,110,122,133,128,124,132.)), May Contain Traces Of Nuts.), Icing Sugar (1%) (Sugar, Maize Flour), Pinnacle Ginger Ground 1kg (1%)

(Ginger Ground), Baking Soda (0.5%), Egg (0%), Acetic Acid (0%) (Food Acic (330))

Nutrition

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Servings per package (average): 1

Information: Serving size (average): 66g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1160kJ (277Cal)	1760kJ (420Cal)
Protein	4.1g	6.3g
Fat, Total	9.9g	15.0g
- Saturated	5.9g	9.0g
Carbohydrate	42.7g	64.6g
- Sugars	23.2g	35.2g
Sodium	143mg	216mg

Storage Conditions:

Store at ambient temperature away from direct sunlight.

GMO

To our knowledge and information the above product has not been derived from genetically

Status: modified raw ingredients.

Allergens:

Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Last updated: Monday, 2 June, 2014

#### **Christmas Fruit Mince Pies**

Size: 80g

Shelf Life: 60 Days

Ingredients: Fruit Mince (44%) (Fruit 59% (Apple, Sultana, Currants, Citrus Peel), Sugar (Brown & White),

Glucose, Thickener (1422 From Maize), Spices, Salt, Acid(330), Preservatives (202,224),Flavour), Flour (26%) (Wheat Flour, Vitamin (Thiamin)), Castor Sugar (13%) (Sugar), Butter, Unsalted (10%) (Cream, Salt), Royal Danish12.5kg (3.5%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean,(165mg/kg)], Colour (160b, 100)), Egg Pulp Sunny Queen (3%) (Whole Egg Pulp Produced From Shell Hen Eggs), Baking Powder (0.5%) (Wheat Flour, Mineral Salts (450, 500)),

Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice)

Nutrition Information: Servings per package (average): 1

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1260kJ (301Cal)	1580kJ (377Cal)
Protein	3.1g	3.8g
Fat , total	9.8g	12.2g
- saturated	6.2g	7.8g
Carbohydrate	50.5g	63.2g
- sugars	31.4g	42.7g
Sodium	241mg	301mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

**GMO Status:** To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products

Last updated: Monday, 2 June, 2014

#### Traditional Christmas Pudding - Large

**Size:** 880g

Shelf Life: 90 Days

Ingredients: Raisin, Sultanas (Sultanas, Vegetable Oil), Diced / Sliced Apple (Apple, Food Acid (300),

Firming Agent (509)), Egg Pulp (Eggs), Sugar (Brown Sugar), Butter, Unsalted (Cream), Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Almond Meal, Currants (Currants Vegetable Oil), Beer, Molasses, Baking Powder (Rice Flour, Mineral Salts (450),(500)), Blackjack (Colour

(150c)), Speculaas (Spices), Sorbex (Preservatives (202, 282)), Star Anise (Spice)

Nutrition Information: Servings per package (average): 8

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1380kJ (330Cal)	1250kJ (300Cal)
Protein	5.3g	4.8g
Fat , total	13.2g	12.0g
- saturated	5.3g	4.8g
Carbohydrate	46.4g	42.2g
- sugars	39.4g	35.8g
Sodium	71mg	65mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products

Last updated: Monday, 2 June, 2014

### **Traditional Christmas Pudding - Small**

**Size:** 440g

Shelf Life: 90 Days

Ingredients: Raisin, Sultanas (Sultanas, Vegetable Oil), Diced / Sliced Apple (Apple, Food Acid (300),

Firming Agent (509)), Egg Pulp (Eggs), Sugar (Brown Sugar), Butter, Unsalted (Cream), Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Almond Meal, Currants (Currants Vegetable Oil), Beer, Molasses, Baking Powder (Rice Flour, Mineral Salts (450),(500)), Blackjack (Colour

(150c)), Speculaas (Spices), Sorbex (Preservatives (202, 282)), Star Anise (Spice)

Nutrition Information: Servings per package (average): 4

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1440kJ (343Cal)	1310kJ (312Cal)
Protein	5.5g	5.0g
Fat , total	13.7g	12.5g
- saturated	5.5g	5.0g
Carbohydrate	48.4g	44.0g
- sugars	41.0g	37.3g
Sodium	74mg	67mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products

Last updated: Monday, 2 June, 2014

#### Coffee & Walnut Roll

**Size**: 400g

Shelf Life: 5 Days

Ingredients: Wheat Flour, Sugar, Egg, Water, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers

(Soya Lecithin, 435, 471), Milk Solids, Antioxidants (306, 320, 310), Flavour, Colour (160B, 100)], Walnuts (2%), Thickener (1422 Maize), Vegetable Oil, Emulsifiers (472B, 447, 471Soy, 475), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Coffee, Colour (155,102,122,133, 150, 102),

Food Acid (330), Preservative (211), Humectant (420), Antioxidant (307, 306)

Nutrition Information: Servings per package (average): 10

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	608kJ (145Cal)	1520kJ (363Cal)
Protein	1.6g	4.1g
Fat , total	7.2g	18.0g
- saturated	3.0g	7.5g
Carbohydrate	18.8g	47.0g
- sugars	12.8g	32.0g
Sodium	116mg	290mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products
Contains preservative

Last updated: Monday, 2 June, 2014

#### Coffee Scroll

Size: 130g
Shelf Life: 1 Day

Ingredients:

CEHOUSES

Flour (36%) (Wheat Flour, Vitamin (Thiamin)), Water (17%), Sultanas (12%) (Sultanas, Vegetable Oil, Glycerine), Castor Sugar (7%) (Sugar), Margarine (6%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Currants (6%) (Currants Vegetable Oil(Soyabean And Cottonseed).), White Fondant (4%) (Sugar, Glucose, Water), Bakels Wrappable Icing (4%) (Sugar, Water, Glucose, Vegetable Fats & Oils, Maize Starch, Vegetable Gums(406,464), Preservative(202), Salt, Colour (171), Emulsifiers (471, 481), Flavour.), Liquid Egg (3%), Full Cream Milk Powder (1.5%) (Milk), Citrus Peel (1.5%) (Suagr, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Salt Fine 25kg (1%) (Salt), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Cinnamon Ground (0%) (Cinnamon), Cinnamon Pada Vera (0%) (Cinnamon), Egg White (0%), Chocolate White Cabury Glow (0%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Coffee Flavacol 90179 (0%) (Water,Flavour,Coffee, Colour (155,102,122,133), Vegetable Gum(415),Food Acid(330), Preservative(211)), Colour Yellow Egg (Colour (102, 123))

**Nutrition Information:** 

Servings per package (average): 1

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1650kJ (395Cal)	1270kJ (304Cal)
Protein	7.7g	6.0g
Fat , total	8.9g	6.9g
- saturated	4.8g	3.7g
Carbohydrate	68.8g	52.9g
- sugars	35.0g	26.9g
Sodium	516mg	397mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products,

Last updated: Monday, 2 June, 2014

Milk and Milk products Egg and egg products Contains preservative

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014

#### Continental Custard Cream Cake

Size: 1800g Shelf Life: 3 Days

CEHOUSES

Ingredients:

Water (18%), Dream Whip (14%) (Water, Vegetable Fat, Cane Sugar, Dextrose, Milk Protein Concentrate, Emulsifiers (471,435, Soy Lecthin), Vegetable Gums (464,415,410,412), Salt, Flavour, Colur (160(B))), Strawberry (12%), All Purpose Sponge Mix (11%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Thickened Cream (10%) (Cream, Gelatine (Halal), Carrageenan (407)), Almond Flakes/slices Blanched (10%) (Almonds, Preservative (220)), Two Fruits Riniana (9%) (Fruit 60% (Peach, Pear), Water, Pear Juice (10%), Food Acid (330)), Castor Sugar (5%) (Sugar), Egg Pulp Sunny Queen (4.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Corn Flour (4%) (Wheaten Cornflour), Full Cream Milk Powder (2%) (Milk), Chocolate Dark (1%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Egg Yolk (0.5%), Sugar - Grade A1 (0%) (Sugar), Colour Yolkine Liquid (0%) (Colour E102, Colour E110), Vanillin (0%) (Spice)

**Nutrition Information:** Servings per package (average): 14.4

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1230kJ (294Cal)	984kJ (235Cal)
Protein	5.8g	4.6g
Fat , total	15.5g	12.4g
- saturated	8.3g	6.6g
Carbohydrate	32.3g	25.8g
- sugars	21.8g	17.4g
Sodium	106mg	85mg

Storage Conditions: Store in refrigeration below 5°C

> **GMO Status:** To our knowledge and information the above product has not been derived from genetically

> > modified raw ingredients.

Cereals containing Gluten Allergens:

May contain Peanuts & Soy products

Dairy (eggs & milk)

Last updated: Monday, 2 June, 2014

#### **Creamed Lamington**

**Size:** 120g

Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407), Wheat Flour, Sugar, Coconut, Chocolate:

[Sugar, Vegetable Fat, Cocoa Powder, Milk Solids, Emulsifiers (Soy Lecithin, 476, 478, 492), Flavours, May contain traces of nuts], Egg, Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Modified Maize Starch (1422), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415, 401), Soy Flour, Dextrose, Flavour,

Colour (102, 150), Antioxidant (307), Preservative (223)

Nutrition Information: Servings per package (average): 1

Serving size (average): 120g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1910kJ (457Cal)	1590kJ (381Cal)
Protein	5.4g	4.5g
Fat , total	31.4g	26.2g
- saturated	25.1g	20.9g
Carbohydrate	36.8g	30.6g
- sugars	26.4g	22.0g
Sodium	161mg	134mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Cupcake - Chocolate

Size: 65g

Shelf Life: 3 Days

Ingredients: Mud Cake mix (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents

(Sodium Pyrophosphate, Sodium Triphosphate), Salt, Nature Identical Flavour, Emulsifier (322soy Lecithin).), Brownie/mud Mix Fp (Sugar, Wheat Flour, Cocoa Powder, Vegetable Oil, Maltodextrin, Milk Solids, Potato Flour, Salt, Mineral Salts (450, 500), Emulsifiers (322soy, 471,

477), Antioxidant (320), Flavour), Liquid Egg (12%), Water (12%), Butter, Unsalted (Cream, Salt),

Canola Oil (Canola Oil, Antioxidant (306))

Nutrition Information: Servings per package (average): 1

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1050kJ (251Cal)	1620kJ (387Cal)
Protein	2.7g	4.1g
Fat, Total	17.1g	26.4g
- Saturated	7.5g	11.5g
Carbohydrate	22.1g	34.1g
- Sugars	15.8g	24.4g
Sodium	31mg	48mg

Storage Conditions: Ambient temperature. Keep away from sunlight

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Cupcake - Chocolate Choc Mars

Size: 65g

Shelf Life: 3 Days

CEHOUSES

Ingredients:

Mud Cake Premix (28%) (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents(Sodium Pyrophosphate, Sodium Triphosphate), Salt, Nature Identical Flavour, Emulsifier (322soy Lecithin).), Water (15%), Butter, Unsalted (9%) (Cream), Mars Bar (9%) (Sugar, Glucose Syrup(Sources Include Wheat), Milk Solids, Vegetable Fat, Cocoa Butter, Cocoa Mass, Barley Malt Extract, Cocoa Powder, Emulsifier Soy Lecithin, Salt, Egg White, Natural Flavour (Vanilla Extract), Milk Chocolate Contains A Minimum Of 25% Cocoa Solids And 22 % Milk Solids.), Egg Pulp (9%) (Whole Egg Pulp Produced From Shell Hen Eggs), Thickened Cream (6%) (Cream, Gelatine(Halal), Carrageenan(407)), Fondant White (6%) (Sucrose, Glucose Syrup, Emulsifier(E472c)), Margarine (4.5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Flour (4.5%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Castor Sugar (3%) (Sugar), Canola Oil (3%) (Canola Oil, Antioxidant (306)), All Purpose Sponge Mix (1.5%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Cocoa Powder (1%), Chocolate Kingston Nestle (1%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers(Soy Lecthin, 492), Flavours, Salt May Contain Traces Of Nuts), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Pettina Chocolate Paste (0%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Mineral Salt

**Nutrition Information:** 

Servings per package (average): 1

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1050kJ (251Cal)	1620kJ (387Cal)
Protein	2.7g	4.1g
Fat, Total	17.1g	26.4g
- Saturated	7.5g	11.5g
Carbohydrate	22.1g	34.1g
- Sugars	15.8g	24.4g
Sodium	31mg	48mg

Storage Conditions: Ambient temperature. Keep away from sunlight

Last updated: Monday, 2 June, 2014

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

BAKEHOUSES

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Cupcake - Chocolate Malteser

Size: 65g

Shelf Life: 3 Days

Ingredients:

BAKEHOUSES

Mud Cake Premix (27%) (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents(Sodium Pyrophosphate,Sodium Triphosphate),Salt,Nature Identical Flavour,Emulsifier (322soy Lecithin).), Water (15%), Choc Malt Ball (10%) (Compound & Chocolate(Sugar, Milk Solids, Vegetable Fat, Cocoa Powder, Cocoa Butter, Cocoa Liquor, Emulsifiers (Soy Lecithin, 476, 492), Glazing Agents (414,904), Flavour), Malt Balls (Corn Syrup, Whey, Malted Milk Powder ( Barley, Wheat Flour, Milk, Raising Agent, Bi Carb Soda, Salt), Sugar, Malt Syrup, Coconut Oil, Mono & Diglycerides, Floavours)., Cocoa Solids 8.7%, Milk Solids 19.3%.), Butter, Unsalted (9%) (Cream), Egg Pulp (9%) (Whole Egg Pulp Produced From Shell Hen Eggs), Thickened Cream (6%) (Cream, Gelatine(Halal), Carrageenan(407)), Fondant White (6%) (Sucrose, Glucose Syrup, Emulsifier(E472c)), Margarine (4.5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Flour (4.5%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Castor Sugar (3%) (Sugar), Canola Oil (3%) (Canola Oil, Antioxidant (306)), All Purpose Sponge Mix (1.5%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Cocoa Powder (1%), Chocolate Kingston Nestle (1%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers(Soy Lecthin, 492), Flavours, Salt May Contain Traces Of Nuts), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Pettina Chocolate Paste (0%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Vanilla Essence 45 (0%) (Flavour, Colour (150)), Mineral Salt (0%)

Nutrition Information: Servings per package (average): 1

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1060kJ (254Cal)	1640kJ (391Cal)
Protein	2.8g	4.3g
Fat, Total	17.3g	26.6g
- Saturated	7.9g	12.2g
Carbohydrate	22.5g	34.7g
- Sugars	16.2g	25.0g
Sodium	32mg	48mg

Storage Conditions: Ambient temperature. Keep away from sunlight

Last updated: Monday, 2 June, 2014

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

BAKEHOUSES

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Cupcake - Lemon

Size: 65g

Shelf Life: 3 Days

Ingredients:

Icing Sugar: [sugar, Maize Flour], Water, Sugar, Egg, Wheat Flour, Chocolate: [sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492)], Lemon Flavoured Filling (8%): [sugar, Water, Glucose, Modified Maize Starch (1422), Vegetable Fat, Vegetable Gum (440), Food Acids (330, 331), Lemon Oil, Mineral Salt (452), Salt, Emulsifiers (322soy, 471), Flavour, Colours (102,110,171), Vegetable Fat, Vegetable Oil, Cream Cheese: [milk, Cream, Salt, Stabiliser (410, 412), Culture], Butter, Lemon Oil (6%): [vegetable Gums (413, 415), Colour (102), Preservative (202)], Lemon Juice (0.5%): [water, Lemon Concentrate, Preservative (223)], Fondant: [sugar, Corn Syrup, Water, Vegetable Shortening, Glycerine (422), Gums (413, 466), Colour (171), Vegetable Gum (415), Emulsifier (471), Preservative (202), Artificial Vanilla Flavouring], Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477, 435), Antioxidant (320, 307, 306, 310), Salt, Flavours, Vegetable Gum (415), Food Acid (330)

Nutrition Information: Servings per package (average): 1

Serving size (average): 62g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	971kJ (232Cal)	1490kJ (357Cal)
Protein	1.7g	2.7g
Fat, Total	11.1g	17.0g
- Saturated	5.1g	7.9g
Carbohydrate	31.9g	49.0g
- Sugars	28.7g	44.1g
Sodium	87mg	134mg

**Storage Conditions:** Ambient temperature. Keep away from sunlight

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### Cupcake - Vanilla

Size: 65g

Shelf Life: 3 Days

Ingredients: Sponge Mix (71%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy

Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour,

Emulsifier (471 Soy), Colour (102)), Liquid Egg (29%)

Nutrition Information: Servings per package (average): 1

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1050kJ (251Cal)	1620kJ (387Cal)
Protein	2.7g	4.1g
Fat, Total	17.1g	26.4g
- Saturated	7.5g	11.5g
Carbohydrate	22.1g	34.1g
- Sugars	15.8g	24.4g
Sodium	31mg	48mg

Storage Conditions: Ambient temperature. Keep away from sunlight

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Custard Tart Large**

**Size:** 570g

Shelf Life: 2 Days

Ingredients: Water, Wheat Flour, Milk Solids, Egg, Sugar, Butter: [Cream, Water], Margarine: [Animal Fat,

Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160B, 100)], Spice, Mineral Salts (450, 500, 340), Colour (102, 123, 110), Thickener (1414), Vegetable Gum (401), Palm Oil, Glucose Syrup, Flavour, Salt, Emulsifiers (472E, 471, 469), Anticaking

Agent (551), Preservative (282), Vitamin (Thiamine)

Nutrition Information: Servings per package (average): 6

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1010kJ (241Cal)	1060kJ (253Cal)
Protein	6.6g	6.9g
Fat , total	11.3g	11.9g
- saturated	6.7g	7.0g
Carbohydrate	26.8g	28.3g
- sugars	17.0g	17.9g
Sodium	152mg	160mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Custard Tarts Small**

**Size**: 190g

Shelf Life: 2 Days

Ingredients: Wheat Flour, Sugar, Chocolate (18%): [Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy

Lecithin, 478, 492), Flavours], Butter: [Cream, Water], Egg, Salt, Mineral Salt (450, 500), Vitamin

(Thiamine)

Nutrition Information: Servings per package (average): 1

Serving size (average): 190g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2290kJ (548Cal)	1210kJ (288Cal)
Protein	13.3g	7.0g
Fat , total	26.7g	14.0g
- saturated	15.8g	8.3g
Carbohydrate	61.1g	32.2g
- sugars	33.8g	17.8g
Sodium	347mg	183mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014

Last updated: Monday, 2 June, 2014

#### Donut Bites - Nutella

**Size:** 45g

Shelf Life: 1 Day

Ingredients: Kreme Yrd (Wheaten Flour, Vegetable Oil, Sugar, Emulsifiers (481, 471, 477), Oat Fibre, Non Fat

Milk Solids, Salt, Soy Flour, Baking Powder (Mineral Salts(450,500)), Vegetable Gum (412), Wheat Malt Flour(Enzyme Active), Flour Treatment Agents (510,300), Colour(160(A)),

Enzymes.), Nutella (33%), Water, Sugar (Sugar), Egg Pulp (Eggs), Vegetable

Shortening Country Wide (Blended Vegetable Oils, Antioxidants(306, And/or 320).), Butter,

Unsalted (Cream), Yeast (Bakers Yeast, Emulsifier (491)

Nutrition Information: Servings per package (average): 1

Serving size (average): 45g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	742kJ (177Cal)	1650kJ (394Cal)
Protein	3.0g	6.8g
Fat , total	7.9g	17.5g
- saturated	3.3g	7.3g
Carbohydrate	23.1g	51.4g
- sugars	14.7g	32.7g
Sodium	101mg	225mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014

Last updated: Monday, 2 June, 2014

#### **Donut Bites - Salted Caramel**

Size: 45g

Shelf Life:

1 Day

Ingredients:

Kreme Yrd (Wheaten Flour, Vegetable Oil, Sugar, Emulsifiers (481, 471, 477), Oat Fibre, Non Fat Milk Solids, Salt, Soy Flour, Baking Powder (Mineral Salts(450,500)), Vegetable Gum (412), Wheat Malt Flour(Enzyme Active), Flour Treatment Agents (510,300), Colour(160(A)), Enzymes.), Sugar (Sugar), Water, Cream (Pasteurised Cream), Milk Plain (Milk), Egg Pulp (Eggs), Vegetable Shortening Country Wide (Blended Vegetable Oils, Antioxidants(306, And/or 320).), Creme Patisserie Powder (Maize Starch, Flavours (Ethylenevanillin), Colour Beta Cartene.), Butter, Unsalted (Cream), Egg Yolk, Yeast (Bakers Yeast, Emulsifier (491), Sugar -Grade A1 (Sugar), Iodised Salt (Salt, Potassium Iodate)

**Nutrition Information:** 

Servings per package (average): 1

Serving size (average): 45g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	610kJ (146Cal)	1360kJ (324Cal)
Protein	2.2g	4.9g
Fat , total	6.2g	13.7g
- saturated	3.6g	8.0g
Carbohydrate	20.0g	44.3g
- sugars	11.6g	25.8g
Sodium	130mg	290mg

Storage Conditions: Store in refrigeration below 5°C

> **GMO Status:** To our knowledge and information the above product has not been derived from genetically

> > modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Donut - Custard Cream

Size: 130g
Shelf Life: 1 Day

CEHOUSES

Ingredients: Water (32%), Yrd-116 (32%) (Wheaten Flour, Vegetable Oil, Sugar, Soy Flour, Non-fat Milk

Solids, Salt, Emulsifier (481), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223), Enzyme (Amylase)), Castor Sugar (10%) (Sugar), Full Cream Milk Powder (8%) (Milk), Egg Pulp Sunny Queen (6%) (Whole Egg Pulp Produced From Shell Hen Eggs), Corn Flour (4.5%) (Wheaten Cornflour), Vegetable Shortening Country Wide (3.5%) (Blended Vegetable Oils, Antioxidants(306, And/or 320).), Bulla Thickened Cream (1.5%) (Cream, Gelatine(Halal), Carrageenan(407)), Butter, Unsalted (1.5%) (Cream, Salt), Yeast Dry Instant Fermex 20x500gm (0.5%) (Bakers Yeast, Emulsifier (491),

Vanillin (0%) (Spice)

Nutrition Information: Servings per package (average): 1

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1520kJ (362Cal)	1170kJ (279Cal)
Protein	9.2g	7.1g
Fat , total	13.6g	10.5g
- saturated	6.4g	4.9g
Carbohydrate	49.3g	37.9g
- sugars	20.5g	15.8g
Sodium	256mg	197mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Donut Yeast Jam**

Size: 95g

Shelf Life: 1 Day

Ingredients: Wheaten Flour, Vegetable Oil, Sugar, Water, Jam (15%): [Sugar, Plums, Raspberries, Vegetable

> Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Egg, Sugar, Milk Fat, Yeast, Soy Flour, Non-Fat Milk Solids, Salt, Emulsifier (481, 491), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223),

Enzyme (Amylase), Antioxidant (306)

**Nutrition Information:** Servings per package (average): 1

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1280kJ (306Cal)	1350kJ (323Cal)
Protein	7.1g	7.5g
Fat , total	11.6g	12.2g
- saturated	2.5g	2.6g
Carbohydrate	43.4g	45.6g
- sugars	16.1g	17.0g
Sodium	231mg	243mg

**Storage Conditions:** Store at ambient temperature away from direct sunlight.

**GMO Status:** To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014

Last updated: Monday, 2 June, 2014

#### Mini Nutella Infused Eclairs

Size: 63g

Shelf Life: 1 Days

Ingredients: Cream (Pasteurised Cream), Milk Plain (Milk), Nutella (15%), Wheat Flour (Wheat Flour, Vitamin

(Thiamin), Folic Acid), Chocolate Dark (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers(Soy Lecthin,492), Flavours, Salt May Contain Traces Of Nuts), Sugar (Sugar), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Egg Pulp (Eggs), Creme Custard, Egg Yolk, Pettina Cream Stabiliser (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Hazelnut, Rice Flour, Sugar (Brown Sugar), Butter, Unsalted (Cream), Sugar - Grade A1 (Sugar), Invert

Syrup Csr (Sugar, Water), Iodised Salt (Salt, Potassium Iodate)

Nutrition Information: Servings per package (average): 1

Serving size (average): 63g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	933kJ (223Cal)	1490kJ (356Cal)
Protein	2.9g	4.6g
Fat , total	14.4g	23.1g
- saturated	8.4g	13.5g
Carbohydrate	20.0g	32.1g
- sugars	15.2g	24.3g
Sodium	61mg	98mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Tree nuts and sesame seeds and their products

Last updated: Monday, 2 June, 2014

#### **Eclairs Chocolate**

**Size:** 135g

Shelf Life: 2 Days

Ingredients:

Bulla Thickened Cream (56%) (Cream, Gelatine (Halal), Carrageenan(407)), Flour (13%) (Wheat Flour, Vitamin (Thiamin)), Chocolate Dark (11%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Margarine (5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Egg Pulp Sunny Queen (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Castor Sugar (2.5%) (Sugar (2.5%)), Pettina Cream Stabiliser (2.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), White Fondant (1.5%) (Sugar, Glucose, Water), Chocolate White Cadbury Glow (1.5%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Invert Syrup Csr (1%) (Sugar, Water), Salt Fine 25kg (0%) (Salt), Sugar (0%) (Sugar (0%)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: Servings per package (average): 1

Serving size (average): 135g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2090kJ (498Cal)	1550kJ (369Cal)
Protein	5.4g	4.0g
Fat , total	37.9g	28.1g
- saturated	27.8g	20.6g
Carbohydrate	34.4g	25.4g
- sugars	21.0g	15.5g
Sodium	158mg	117mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Tree nuts and sesame seeds and their products

Last updated: Monday, 2 June, 2014

#### Florentine (Flourless)

Size: 30g

Shelf Life: 7 Days

Ingredients: Almond Flakes/slices Blanched (27%) (Almonds, Preservative (220), Chocolate Milk (17%)

(Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soya Lecithin, 476, 492), Flavour.), Castor Sugar (16%) (Sugar), Thickened Cream (16%) (Cream, Gelatine (Halal), Carrageenan (407)), Cherries (9%) (Cherries, Sugar, Preservative (211), Flavour, Colour (129)),

Glucose Syrup 43be (8%) (Glucose, Sugar), Butter, Unsalted (7%) (Cream, Salt)

Nutrition Information: Servings per package (average): 1

Serving size (average): 30g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	565kJ (135Cal)	1880kJ (450Cal)
Protein	2.4g	8.1g
Fat, Total	8.4g	27.9g
- Saturated	4.0g	13.3g
Carbohydrate	12.2g	40.7g
- Sugars	11.1g	36.9g
Sodium	25mg	82mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

**Allergens:** May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Last updated: Monday, 2 June, 2014

#### Flourless Chocolate Cake - Mini

Size: 90g

Shelf Life: 4 Days

Ingredients: Ingredients: Chocolate Dark (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin,

478, 492), Flavours), Butter, Unsalted (Cream, Salt), Castor Sugar (Sugar), Egg White, Almond Meal (Friutex) (Almonds), Egg Yolk, Icing Sugar (Sugar, Maize Flour), Sugar - Grade A1 (Sugar), Medium Dry Sherry, Actiwhite (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food

Acid (330)), Coffee Instant Nescafe (Coffee Beans)

Nutrition Information: Servings per package (average): 1

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1560kJ (372Cal)	1730kJ (413Cal)
Protein	9.8g	10.9g
Fat , total	25.1g	27.8g
- saturated	16.2g	18.0g
Carbohydrate	37.9g	42.1g
- sugars	32.6g	36.2g
Sodium	146mg	162mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains Caffeine

\*This product is NOT made with gluten but is not made in a gluten-free environment. We cannot guarantee that trace amounts of gluten will not be present.

Last updated: Monday, 2 June, 2014

#### Flourless Chocolate Cake - Large

**Size**: 670g

Shelf Life: 3 Days

Ingredients: Ingredients: Chocolate Dark (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin,

478, 492), Flavours), Butter, Unsalted (Cream, Salt), Castor Sugar (Sugar), Egg White, Almond Meal (Friutex) (Almonds), Egg Yolk, Icing Sugar (Sugar, Maize Flour), Sugar - Grade A1 (Sugar), Medium Dry Sherry, Actiwhite (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food

Acid (330)), Coffee Instant Nescafe (Coffee Beans)

Nutrition Information: Servings per package (average): 12

Serving size (average): 670g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	967kJ (231Cal)	1730kJ (413Cal)
Protein	6.2g	10.9g
Fat , total	15.8g	27.8g
- saturated	10.2g	18.0g
Carbohydrate	23.1g	42.1g
- sugars	19.7g	36.2g
Sodium	92mg	162mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains Caffeine

\*This product is NOT made with gluten but is not made in a gluten-free environment. We cannot guarantee that trace amounts of gluten will not be present.

Last updated: Monday, 2 June, 2014

#### French Vanilla

**Size:** 160g

Shelf Life: 2 Days

THOUSES

Ingredients: Bulla Thickened Cream (34%) (Cream, Gelatine (Halal), Carrageenan(407)), Water (17%), White

Fondant (9%) (Sugar, Glucose, Water), Bakels Wrappable Icing (Sugar, Water, Glucose, Vegetable Fats & Oils, Maize Starch, Vegetable Gums(406,464), Preservative(202), Salt, Colour(171), Emulsifiers(471,481), Flavour), Castor Sugar (7%) (Sugar), Full Cream Milk Powder (6%) (Milk), Flour (6%) (Wheat Flour, Vitamin (Thiamin)), Corn Flour (Wheaten Cornflour), Margarine (3.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Egg Pulp Sunny Queen (2%) (Whole Egg Pulp Produced From Shell Hen Eggs), Pettina Cream Stabiliser (1.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Am Soya Flour Full Fat (0.5%) (Soya Flour), Egg (0.5%), Chocolate White Cadbury Glow (0%) (Sugar, Vegetable Fat, Milk Solids (14%),

Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Antelope (0%)

(Mineral Salt (450), Wheat Flour), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Coffee Flavacol 90179 (0%) (Water, Flavour, Coffee, Colour(155,102,122,133), Vegetable

Gum(415), Food Acid(330), Preservative(211)), Vanillin (0%) (Spice)

Nutrition Information: Servings per package (average): 1

Serving size (average): 160g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2100kJ (501Cal)	1310kJ (313Cal)
Protein	5.6g	3.5g
Fat , total	27.8g	17.3g
- saturated	19.1g	11.9g
Carbohydrate	56.4g	35.2g
- sugars	42.9g	26.8g
Sodium	190mg	119mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products. Contains preservative

Last updated: Monday, 2 June, 2014

#### Fruit Cake - Dark (Christmas)

**Size:** Various sizes available. This specification relates to a 1kg cake.

Shelf Life: 90 Days

CEHOUSES

Ingredients: Sultanas (38%) (Sultanas, Vegetable Oil, Glycerine), Flour (11%) (Wheat Flour, Vitamin

(Thiamin)), Cherries (11%) (Cherries, Sugar, Preservative (211), Flavour, Colour (129)), Butter, Unsalted (10%) (Cream, Salt), Liquid Egg (9%), Sugar (8%) (Sugar (8%)), Glycerine (4.5%),

Almond Flakes/slices Blanched (3.5%) (Almonds, Preservative (220))

Medium Dry Sherry (2%), Mixed Fruit With Peel (2%) (Sultanas, Currants, Peel, Vegetable Oil, Glycerine, Preservative (202, 220)), Caramel Hgp (0.5%) (Colour (150c)), Thickener (0.5%) (Thickener (1422, Maize Starch)), Baking Soda (0%), Apito Orange Flavouring Paste (0%) (Water, Ehtanol, Orange Oil, Vegetable Gums (413, 415), Colours (102, 110, 124), Preservative (202)), Apito Imitation Special Fruit Cake Flavouring Paste (0%) (Water, Ethyl Alcohol, Lemon Oil, Flavours, Vegetable Gums (413, 415), Preservative (202), Colours (102, 150c)), Speculaas

(0%) (Spices), Rum Jamaica Flavour (0%) (Flavour)

Nutrition Information: Servings per package (average): 10

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1320kJ (314Cal)	1320kJ (314Cal)
Protein	4.3g	4.3g
Fat , total	11.8g	11.8g
- saturated	5.9g	5.9g
Carbohydrate	48.1g	48.1g
- sugars	38.7g	38.7g
Sodium	148mg	148mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### Fruit Flan – (Medium)

Size: 1360g
Shelf Life: 2 Days

Ingredients:

**Nutrition Information:** 

EHOUSES

Thickened Cream (17%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (17%), Strawberry (16%), Flour (9%) (Wheat Flour, Vitamin (Thiamin)), Castor Sugar (7%) (Sugar), Peaches Sliced (6%) (Peach Havlves(61%), Natural Fruit Juice), Flan Gel (Hadeja) (5%) (Sugar, Water, Glucose, Gelling Agents[carrageen E407,Pectin E440], Acidifie R[citric Acid E330], Acidity Regulators [sodium Citrate E331, Tricalcium Phosphate E341iii], Preservative[potassium Sorbate E202}), Kiwifruit (4%), Pear Sliced (4%) (Pear Halves (59%), Water,Sugar), Corn Flour (3.5%) (Wheaten Cornflour), Butter, Unsalted (3.5%) (Cream, Salt), Grapes (3%), Full Cream Milk Powder (1.5%) (Milk), Royal Danish12.5kg (1%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean,(165mg/kg)], Flavours & Colour (160b, 100).), Egg Pulp Sunny Queen (1%) (Whole Egg Pulp Produced From Shell Hen Eggs), Egg Yolk (0.5%), Baking Powder (0%) (Rice Flour, Mineral Salts (450),(500)), Sugar - Grade A1 (0%) (Sugar), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice), Colour Yolkine Liquid (0%) (Colour E102, Colour E110)

Servings per package (average): 8

Serving size (average): 170g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1410kJ (337Cal)	830kJ (198Cal)
Protein	4.2g	2.5g
Fat, Total	17.8g	10.5g
- Saturated	12.4g	7.3g
Carbohydrate	39.1g	23.0g
- Sugars	22.6g	13.3g
Sodium	154mg	91mg

Storage Conditions: Store in refrigeration below 5°C at all times.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products

Last updated: Monday, 2 June, 2014

#### Fruit Flan (Mini)

Size: 100g

Shelf Life: 2 Days

Ingredients:

CEHOUSES

Thickened Cream (15%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (13%), Peaches Sliced (10%) (Peach Havlves(61%), Natural Fruit Juice), Flan Gel (Hadeja) (10%) (Sugar, Water, Glucose, Gelling Agents[carrageen E407,Pectin E440], Acidifie R[citric Acid E330], Acidity Regulators [sodium Citrate E331, Tricalcium Phosphate E341iii], Preservative[potassium Sorbate E202}), Flour (10%) (Wheat Flour, Vitamin (Thiamin)), Kiwifruit (9%), Strawberry (9%), Pear Sliced (7%) (Pear Halves (59%), Water, Sugar), Castor Sugar (7%) (Sugar), Butter, Unsalted (3.5%) (Cream), Corn Flour (3%) (Wheaten Cornflour), Full Cream Milk Powder (1.5%) (Milk), Royal Danish12.5kg (1%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean,(165mg/kg)], Flavours & Colour (160b, 100).), Egg Pulp (Whole Egg Pulp Produced From Shell Hen Eggs), Egg Yolk (0.5%), Baking Powder (0%) (Rice Flour, Mineral Salts (450),(500)), Sugar - Grade A1 (0%) (Sugar), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice), Colour Yolkine Liquid (0%) (Colour E102, Colour E110)

Nutrition Information: Servings per package (average): 1

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	866kJ (207Cal)	866kJ (207Cal)
Protein	2.4g	2.4g
Fat, Total	10.0g	10.0g
- Saturated	6.9g	6.9g
Carbohydrate	26.4g	26.4g
- Sugars	16.5g	16.5g
Sodium	70mg	70mg

Storage Conditions: Store in refrigeration below 5°C at all times.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### Frozen Biscuits

Size: 45g

Shelf Life: 7 Days

Ingredients:

Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Chocolate White Snowcap (Sugar, Vegetable Fat, Whey Powder, Emulsifers (Soya Lecithin, 492), May Contain Traces Of Nuts), Sugar (Sugar), Butter, Unsalted (Cream), Sprinkles Blue (Sugar, Vegetable Fat [emulsifiers(492, 322-soy Lecithin)], Glucose(From Wheat), Nwater, Colours (133,122).), Rasplum Filling Bakels (Apple, Sugar, Glucose, Vegetable Gum (440a), Food Acid (330), Colour (123, 110), Preservative (202), Flavour), Royal Danish12.5kg (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean, (165mg/kg)] Flavours & Colour (160b, 100).), Egg Pulp (Eggs), Frosting Sheet (Water, Cornstarch, Corn Syrup, Corn Syrup Soliids, Cellulose, Sorbitol, Glycerine, Sugar, Vegetable Oil, Arabic Gum, Polysorbate 80, Keep, Titanium Dioxide, Citric Acid, Colours 110,133,122,102), Icing White (Sugar, Corn Syrup, Palm Oil, Gum Tragacanth(413),Artificial Vanilla Flavouring, Cellulose Gum(460), Glycerine(422), Modified Corn Starch, Preservatives 202, Acetic Acid(260),Titanium Dioxide(171)), Baking Powder (Rice Flour, Mineral Salts (450),(500)), Iodised Salt (Salt, Potassium Iodate), Vanillin (Spice)

**Nutrition Information:** 

Servings per package (average): 1

Serving size (average): 45g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	827kJ (198Cal)	1840kJ (439Cal)
Protein	2.0g	4.4g
Fat, Total	9.3g	20.7g
- Saturated	6.7g	15.0g
Carbohydrate	25.9g	57.5g
- Sugars	16.3g	36.3g
Sodium	89mg	197mg

**Storage Conditions:** Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts, nuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### **Hedgehog Slice**

**Size:** 100g

Shelf Life: 4 Days

Ingredients: Marie Biscuits (37%) (Wheat Flour, Sugar, Vegetable Fats Or Oils, Invert Syrup, Golden Syrup,

Salt, Raising Agenets (503,500), Flavour), Butter, Unsalted (20%) (Cream, Salt), Castor Sugar (20%) (Sugar), Coconut (9%) (Coconut, Preservative (223)), Chocolate Dark (8%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Cocoa Powder (2.5%), Chocolate Kingston Nestle (2%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecthin, 492), Flavours, Salt, May Contain Traces Of Nuts), Thickened Cream (2%) (Cream, Gelatine (Halal), Carrageenan (407)), Almond Flakes/slices Blanched (0.5%)

(Almonds, Preservative (220))

Nutrition Information: Servings per package (average): 1

Serving size (average): 100g

	Ave. Quanity per Serving	Ave. Quantity per 100g
Energy	2150kJ (515Cal)	2150kJ (515Cal)
Protein	4.4g	4.4g
Fat , total	31.1g	31.1g
- saturated	21.5g	21.5g
Carbohydrate	52.8g	52.8g
- sugars	32.9g	32.9g
Sodium	391mg	391mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts, nuts and soybeans, and their products

Milk and Milk products Egg and egg products

Last updated: Monday, 2 June, 2014

#### **Hot Cross Bun - Traditional**

Size: 95g

Shelf Life: 1 Days

Ingredients:

Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Sultanas (16%) (Sultanas, Vegetable Oil), Currants (16%) (Currants Vegetable Oil), Water (16%), Butter, Unsalted (5%) (Cream), Citrus Peel (3.5%) (Sugar, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Egg Pulp (Eggs), Sugar (3%) (Sugar (3%)), Flour (3%) (Wheat Flour), Yeast (Bakers Yeast, Emulsifier (491), Iodised Salt (0.5%) (Salt, Potassium Iodate), Wheat Gluten (0.5%), Nutmeg (0.5%) (Nutmeg (0.5%)), Spices (Cinnamon, Coriander, Nutmeg, Ginger, Pimento, Clove), Improver (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Pre Gel (Thickener (1422 Maize)), Bun Spice Essence 33 (0%) (Flavour), Emulsifier (Water, Humectant (420), Emulsifiers (471soy, 475))

Nutrition Information: Servings per package (average): 1

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1140kJ (272Cal)	1200kJ (286Cal)
Protein	5.7g	5.9g
Fat, Total	5.2g	5.4g
- Saturated	2.9g	3.0g
Carbohydrate	48.4g	50.9g
- Sugars	26.2g	27.6g
Sodium	281mg	295mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Egg and egg products Milk and Milk products Contains preservative

Last updated: Monday, 2 June, 2014

#### Hot Cross Bun - Chocolate

Size: 85g

**Shelf Life:** 

1 Day

Ingredients:

Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Water (17%), Chocolate (10%) (Sugar, Cocoa Mass, Cocoa Butter, Emulisifer (Soy Lecithin)), Chocolate Milk (10%) (Sugar, Full Cream Milk Powder, Cocoa Butter, Cocoa Mass, Emulisifer (Soy Lecithin)), Chocolate White (Sugar, Milk Solids, Cocoa Butter, Emulisifers (Soy Lecithin, 476), Flavour), Butter, Unsalted (6%) (Cream), Flour (4%) (Wheat Flour), Egg Pulp (Eggs), Sugar (Sugar), Yeast (Bakers Yeast, Emulsifier (491), Iodised Salt (1%) (Salt, Potassium Iodate), Cocoa Powder (0.5%), Wheat Gluten (0.5%), Spices (Cocoa, Mixed Spices), Improver (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Pre Gel (Thickener (1422 Maize)), Emulsifier (Water, Humectant (420), Emulsifiers (471soy, 475))

**Nutrition Information:** 

Servings per package (average): 1

Serving size (average): 85g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1280kJ (306Cal)	1510kJ (360Cal)
Protein	6.5g	7.6g
Fat, Total	12.5g	14.8g
- Saturated	7.2g	8.5g
Carbohydrate	39.9g	46.9g
- Sugars	16.2g	19.0g
Sodium	304mg	357mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

To our knowledge and information the above product has not been derived from genetically **GMO Status:** 

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Egg and egg products Milk and Milk products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Iced Pattie**

Size: 65g

Shelf Life: 3 Days

THOUSES

Ingredients:

White Fondant (23%) (Sugar, Glucose, Water), Water (19%), Creme Cake Muffin Mix (16%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioixidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp Sunny Queen (14%) (Whole Egg Pulp Produced From Shell Hen Eggs), Chocolate White Cadbury Glow (13%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Cake Toppings - Rainbow Sprinkles 1mm (8%) (Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Additives Used - Yellow(102), Orange(110), Green(102, 133), Blue(133, 122), Mauve(122, 123, 133), Red(124), Pink(123, 124)), Canola Oil (7%) (Canola Oil, Antioxidant (306)), Apito Imitation Strawberry Flavouring Paste (0%) (Water, Ethanol, Vegetable Gums (413, 415), Flavour, Colours (102, 122, 123), Preservative (202))

Nutrition Information: Servings per package (average): 1

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	894kJ (214Cal)	1380kJ (329Cal)
Protein	1.8g	2.8g
Fat , total	9.2g	14.2g
- saturated	3.7g	5.7g
Carbohydrate	31.5g	48.5g
- sugars	28.1g	43.2g
Sodium	97mg	150mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Lamington

Size: 80g

Shelf Life: 2 Days

Ingredients: Wheat Flour, Sugar, Coconut, Chocolate: [Sugar, Vegetable Fat, Milk Solids, Cocoa Powder,

Emulsifiers (Soy Lecithin, 476, 478, 492), Flavours, May Contain Traces Of Nuts], Egg, Water, Cream: [Cream, Gelatine (Halal), Thickener (407)], Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Dextrose, Flavour, Colour (102), Preservative (223), Antioxidant

(307)

Nutrition Information: Servings per package (average): 1

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1350kJ (322Cal)	1680kJ (402Cal)
Protein	4.5g	5.6g
Fat , total	18.7g	23.4g
- saturated	15.6g	19.6g
Carbohydrate	32.1g	40.2g
- sugars	21.9g	27.4g
Sodium	144mg	180mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Lamington Sponge - Creamed**

**Size:** 840g

Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Chocolate: [Sugar,

Vegetable Fat, Cocoa Powder, Milk Solids, Emulsifiers (Soy Lecithin, 478, 476, 492), Flavours, May Contain Traces Of Nuts], Water, Coconut, Modified Maize Starch (1422), Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415, 401), Soy Flour, Dextrose, Glucose,

Preservative (223), Flavour, Colour (102, 150), Antioxidant (307)

Nutrition Information: Servings per package (average): 8

Serving size (average): 105g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1480kJ (352Cal)	1410kJ (336Cal)
Protein	4.2g	4.0g
Fat , total	23.1g	22.0g
- saturated	17.3g	16.5g
Carbohydrate	32.2g	30.7g
- sugars	23.0g	21.9g
Sodium	169mg	161mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Lemon Roll

**Size:** 440g

Shelf Life: 5 Days

CEHOUSES

Ingredients: All Purpose Sponge Mix (30%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447),

Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Lemon Flavoured Filling (22%) (Sugar, Water, Glucose, Modified Maize Starch(1422), Vegetable Fat, Vegetable Gum(440, Food Acids (330,331), Lemon Oil, Mineral Salt(452), Salt, Emulsifiers(322soy, 471), Flavour, Colours (102,110,171).), Egg Pulp Sunny Queen (12%) (Whole Egg Pulp Produced From Shell Hen Eggs), Castor Sugar (10%) (Sugar), Water (8%), Margarine (5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Margarine (5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Invert Syrup Csr (3%) (Sugar, Water), Instant Ftd 449 (2%) (Thickener (1422 Maize)), Canola Oil (1.5%) (Canola Oil, Antioxidant (306)), Wispalett Special (0%) (Water, Humectant (420), Emulifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: Servings per package (average): 11

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	577kJ (138Cal)	1440kJ (345Cal)
Protein	1.3g	3.2g
Fat, Total	5.4g	13.5g
- Saturated	2.5g	6.3g
Carbohydrate	21.3g	53.2g
- Sugars	16.0g	40.0g
Sodium	107mg	268mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts, nuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Lemon Tart Gourmet (Large)

Size: 560g

Shelf Life: 3 Days

CEHOUSES

Ingredients: Egg Yolk (20%), Sugar (19%) (Sugar (19%)), Bulla Pure Cream Bulla (15%) (Cream), Flour

(13%) (Wheat Flour, Vitamin (Thiamin)), Lemon Juice Edlyn (11%) (Water, Lemon Concentrate, Preservative (223).), Flan Gel (Hadeja) (6%) (Sugar, Water, Glucose, Vegetable Gum (407), Food Acid (330, 331), Preservative (202, 211)), Butter, Unsalted (3.5%) (Cream, Salt), Royal Danish12.5kg (3.5%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean,(165mg/kg)], Colour (160b, 100)), Castor Sugar (3.5%) (Sugar (3.5%)), Sugar - Grade A1 (3%) (Sugar (3%)), Liquid Egg (1.5%), Bakels Dusting Sugar (1%) (Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307)), Instant Ftd 449 (0.5%) (Thickener (1422 Maize)), Aerobake Baking Powder (0%) (Wheat

Flour, Mineral Salts (450, 500)), Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: Servings per package (average): 8

Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1120kJ (268Cal)	1600kJ (382Cal)
Protein	3.8g	5.5g
Fat , total	14.3g	20.5g
- saturated	7.6g	10.9g
Carbohydrate	31.8g	45.5g
- sugars	23.8g	34.0g
Sodium	71mg	101mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Lemon Tart Gourmet (Small)

Size: 60g

Shelf Life: 3 Days

Ingredients: Egg Yolk (16%), Flan Gel (Hadeja) (16%) (Sugar, Water, Glucose, Vegetable Gum (407), Food

Acid (330, 331), Preservative (202, 211)), Sugar (16%) (Sugar (16%)), Flour (15%) (Wheat Flour, Vitamin (Thiamin)), Bulla Pure Cream Bulla (12%) (Cream), Lemon Juice Edlyn (9%) (Water, Lemon Concentrate, Preservative (223).), Butter, Unsalted (4%) (Cream, Salt), Royal Danish12.5kg (4%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean, (165mg/kg)], Colour (160b, 100)), Castor Sugar (4%) (Sugar (4%)), Sugar - Grade A1 (2.5%) (Sugar (2.5%)), Liquid Egg (1.5%), Instant Ftd 449 (0%) (Thickener (1422 Maize)), Aerobake Baking Powder (0%) (Wheat Flour,

Mineral Salts (450, 500)), Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: Servings per package (average): 1

Serving size (average): 60g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	909kJ (217Cal)	1510kJ (362Cal)
Protein	2.9g	4.8g
Fat , total	10.8g	18.0g
- saturated	5.9g	9.8g
Carbohydrate	27.5g	45.8g
- sugars	20.4g	34.0g
Sodium	68mg	114mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Long Johns**

Size: 160g
Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheaten Flour, Sugar, Vegetable Oil, Water,

Jam: [Sugar, Plums, Raspberries, Vegetable Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Egg, Canola Oil, Soy Flour, Non-Fat Milk Solids, Salt, Vegetable Fat, Vegetable Oil, Milk Fat, Yeast, Emulsifier (481, 491), Vegetable Gum (401), Modified Maize Starch (1422), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223), Enzyme (Amylase), Colour (150), Antioxidant

(306, 307)

Nutrition Information: Servings per package (average): 1

Serving size (average): 160g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2210kJ (528Cal)	1380kJ (330Cal)
Protein	8.8g	5.5g
Fat , total	33.9g	21.2g
- saturated	18.9g	11.8g
Carbohydrate	47.6g	29.7g
- sugars	19.5g	12.2g
Sodium	264mg	165mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Marble Cake

Size: 1020g
Shelf Life: 3 Days

Ingredients: Chocolate: [Sugar, Vegetable Fat, Cocoa, Milk Solids, Flavours, Salt, Emulsifiers (Soya Lecithin,

492)], Water, Egg, Sugar, Wheat Flour, Butter, Vegetable Fats and Oil, Icing: [Sucrose, Glucose Syrup (Maize), Water, Hydrogenated Vegetable Oil, Emulsifier (471)], Cream, Cocoa Powder, Milk Solids, Modified Maize Starch (1422), Potato Starch, Glucose, Soy Flour, Wheat Starch, Soy Flour, Dextrose, Mineral Salts (339, 170, 450, 500, 541), Emulsifiers (322 Soy, 471soy, 435, 477, 472b, 447), Salt, Flavours, Vegetable Gum (415, 401), Food Acid (330), Colour (102, 122, 133,

150c, 155), Antioxidants (320, 310, 306, 307), Preservative (202),

Vitamin (Thiamin), Folic Acid), May Contain Traces of Nuts

Nutrition Information: Servings per package (average): 12

Serving size (average): 85g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1540kJ (368Cal)	1810kJ (433Cal)
Protein	2.7g	3.2g
Fat, Total	26.4g	31.1g
- Saturated	15.1g	17.8g
Carbohydrate	31.1g	36.6g
- Sugars	26.5g	31.1g
Sodium	88mg	104mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Egg and egg products

Cereals containing Gluten
Milk and milk products

May Contain Traces of Nuts

Last updated: Monday, 2 June, 2014

#### **Passionfruit Meringues**

**Size:** 18g

Shelf Life: 3 Days

Ingredients: Sugar (Sugar), Puree Passionfruit W/ Seeds, Actiwhite (Egg Albumen Powder, Sugar,

Vegetable Gums (412, 466), Food Acid (330)), Pre Gel (Thickener (1422 Maize))

Nutrition Information: Servings per package (average): 6

Serving size (average): 3g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	51kJ (12Cal)	1690kJ (404Cal)
Protein	Less than 0.1g	2.3g
Fat , total	Less than 0.1g	0.1g
- saturated	0.0g	0.0g
Carbohydrate	2.9g	95.4g
- sugars	2.8g	94.3g
Sodium	1mg	40mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Egg and egg products

Last updated: Monday, 2 June, 2014

#### **Raspberry Meringues**

**Size:** 18g

Shelf Life: 3 Days

Ingredients: Sugar (Sugar), Puree Raspberry, Actiwhite (Egg Albumen Powder, Sugar, Vegetable

Gums (412, 466), Food Acid (330)), Pre Gel (Thickener (1422 Maize)

Nutrition Information: Servings per package (average): 6

Serving size (average): 3g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	50kJ (12Cal)	1660kJ (397Cal)
Protein	Less than 0.1g	1.9g
Fat , total	Less than 0.1g	0.2g
- saturated	Less than 0.1g	0.2g
Carbohydrate	2.9g	95.1g
- sugars	2.8g	94.2g
Sodium	1mg	35mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Egg and egg products

Last updated: Monday, 2 June, 2014

#### Mother's Day Petal Cake - Strawberry

Size: 1350g
Shelf Life: 3 Days

Ingredients:

EHOUSES

Icing Sugar (Sugar, Maize Flour), Water, Creme Cake Muffin Mix (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (Eggs), Chocolate White Snowcap (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Sugar (Sugar), Canola Oil (Canola Oil, Antioxidant (306)), Margarine (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Cream Cheese (Milk, Starter Cultures), Icing Colour (Sugar, Corn Syrup, Water, Palm Oil, Gum Tragacanth(413), Artificial Vanilla Flavouring, Cellulose Gum (460), Glycenne (422),Modified Corn Starch, Preservatives, Potassium Sorbate (202),Acetic Acid(260), Colours 110,133,129,127,102,Caramel 150d), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Invert Syrup Csr (Sugar, Water), Butter, Unsalted (Cream), Pre Gel (Thickener (1422 Maize)), Strawberry Flavocol Natural (Flavour, Carmine, Vegetable Gum (415),Preservative(211)), Emulsifier (Water, Humectant (420), Emulifiers (471soy, 475))

Nutrition Information: Servings per pa

Servings per package (average): 15

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1410kJ (338Cal)	1570kJ (375Cal)
Protein	2.1g	2.4g
Fat , total	18.3g	20.4g
- saturated	8.5g	9.5g
Carbohydrate	42.2g	46.9g
- sugars	37.7g	41.8g
Sodium	124mg	138mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### Mother's Day Ruffle Cake - Lemon

Size: 1350g
Shelf Life: 3 Days

Ingredients:

CEHOUSES

Icing Sugar (Sugar, Maize Flour), Water, Creme Cake Muffin Mix (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (Eggs), Chocolate White Snowcap (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Lemon Flavoured Filling (Sugar, Water, Glucose, Modified Maize Starch(1422), Vegetable Fat, Vegetable Gum(440, Food Acids (330,331), Lemon Oil, Mineral Salt(452), Salt, Emulsifiers(322soy, 471), Flavour, Colours (102,110,171).), Sugar (Sugar), Canola Oil (Canola Oil, Antioxidant (306)), Margarine (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Cream Cheese (Milk, Starter Cultures), Icing Colour (Sugar, Corn Syrup, Water, Palm Oil, Gum Tragacanth(413), Artificial Vanilla Flavouring, Cellulose Gum (460), Glycenne (422), Modified Corn Starch, Preservatives, Potassium Sorbate (202), Acetic Acid(260), Colours 110,133,129,127,102, Caramel 150d), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Invert Syrup Csr (Sugar, Water), Butter, Unsalted (Cream), Pre Gel (Thickener (1422 Maize)), Emulsifier (Water, Humectant (420), Emulsifiers (471soy, 475))

Nutrition Information: Servings per package (average): 15

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1410kJ (338Cal)	1570kJ (375Cal)
Protein	2.1g	2.1g
Fat , total	18.3g	19.2g
- saturated	8.5g	9.1g
Carbohydrate	42.2g	49.5g
- sugars	37.7g	44.7g
Sodium	124mg	133mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014

Last updated: Monday, 2 June, 2014

#### Mother's Day Ruffle Cake - Strawberry

Size: 1350g
Shelf Life: 3 Days

Ingredients:

EHOUSES

Icing Sugar (Sugar, Maize Flour), Water, Creme Cake Muffin Mix (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (Eggs), Chocolate White Snowcap (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Sugar (Sugar), Canola Oil (Canola Oil, Antioxidant (306)), Margarine (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Cream Cheese (Milk, Starter Cultures), Icing Colour (Sugar, Corn Syrup, Water, Palm Oil, Gum Tragacanth(413), Artificial Vanilla Flavouring, Cellulose Gum (460), Glycenne (422),Modified Corn Starch, Preservatives, Potassium Sorbate (202),Acetic Acid(260), Colours 110,133,129,127,102,Caramel 150d), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Invert Syrup Csr (Sugar, Water), Butter, Unsalted (Cream), Pre Gel (Thickener (1422 Maize)), Strawberry Flavocol Natural (Flavour, Carmine, Vegetable Gum (415),Preservative(211)), Emulsifier (Water, Humectant (420), Emulifiers (471soy, 475))

**Nutrition Information:** Se

Servings per package (average): 15

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1410kJ (338Cal)	1570kJ (375Cal)
Protein	2.1g	2.4g
Fat , total	18.3g	20.4g
- saturated	8.5g	9.5g
Carbohydrate	42.2g	46.9g
- sugars	37.7g	41.8g
Sodium	124mg	138mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### Mother's Day Petal Cake - Lemon

Size: 1350g
Shelf Life: 3 Days

Ingredients:

CEHOUSES

Icing Sugar (Sugar, Maize Flour), Water, Creme Cake Muffin Mix (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (Eggs), Chocolate White Snowcap (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Lemon Flavoured Filling (Sugar, Water, Glucose, Modified Maize Starch(1422), Vegetable Fat, Vegetable Gum(440, Food Acids (330,331), Lemon Oil, Mineral Salt(452), Salt, Emulsifiers(322soy, 471), Flavour, Colours (102,110,171).), Sugar (Sugar), Canola Oil (Canola Oil, Antioxidant (306)), Margarine (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Cream Cheese (Milk, Starter Cultures), Icing Colour (Sugar, Corn Syrup, Water, Palm Oil, Gum Tragacanth(413), Artificial Vanilla Flavouring, Cellulose Gum (460), Glycenne (422), Modified Corn Starch, Preservatives, Potassium Sorbate (202), Acetic Acid(260), Colours 110,133,129,127,102, Caramel 150d), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Invert Syrup Csr (Sugar, Water), Butter, Unsalted (Cream), Pre Gel (Thickener (1422 Maize)), Emulsifier (Water, Humectant (420), Emulsifiers (471soy, 475))

Nutrition Information: Servings per package (average): 15

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1410kJ (338Cal)	1570kJ (375Cal)
Protein	2.1g	2.1g
Fat , total	18.3g	19.2g
- saturated	8.5g	9.1g
Carbohydrate	42.2g	49.5g
- sugars	37.7g	44.7g
Sodium	124mg	133mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### Mother's Day Tie Dye Cake - Lemon

Size: 1125g
Shelf Life: 3 Days

Ingredients:

CEHOUSES

Water, Creme Cake Muffin Mix (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (Eggs), Chocolate White Snowcap (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Lemon Flavoured Filling (Sugar, Water, Glucose, Modified Maize Starch(1422), Vegetable Fat, Vegetable Gum(440, Food Acids (330,331), Lemon Oil, Mineral Salt(452), Salt, Emulsifiers(322soy, 471), Flavour, Colours (102,110,171).), Icing Sugar (Sugar, Maize Flour), Canola Oil (Canola Oil, Antioxidant (306)), Sugar (Sugar), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Icing Colour (Sugar, Corn Syrup, Water, Palm Oil, Gum Tragacanth(413), Artificial Vanilla Flavouring, Cellulose Gum (460), Glycenne (422), Modified Corn Starch, Preservatives, Potassium Sorbate (202), Acetic Acid(260), Colours 110,133,129,127,102, Caramel 150d), Margarine (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Invert Syrup Csr (Sugar, Water), Pre Gel (Thickener (1422 Maize)), Emulsifier (Water, Humectant (420), Emulsifiers (471soy, 475))

Nutrition Information: Servings per package (average): 15

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1190kJ (258Cal)	1590kJ (380Cal)
Protein	1.5g	2.0g
Fat , total	16.8g	22.4g
- saturated	6.9g	9.2g
Carbohydrate	33.2g	44.3g
- sugars	29.4g	39.2g
Sodium	128mg	171mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### Mother's Day Tie Dye Cake - Strawberry

Size: 1125g
Shelf Life: 3 Days

THOUSES

Ingredients: Water, Creme Cake Muffin Mix (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids,

Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (Eggs), Chocolate White Snowcap (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Canola Oil (Canola Oil, Antioxidant (306)), Icing Sugar (Sugar, Maize Flour), Sugar (Sugar), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Icing Colour (Sugar, Corn Syrup, Water, Palm Oil, Gum Tragacanth(413), Artificial Vanilla Flavouring, Cellulose Gum (460), Glycenne 422), Modified Corn Starch, Preservatives, Potassium Sorbate (202), Acetic Acid(260), Colours 110,133,129,127,102, Caramel 150d), Margarine (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Invert Syrup Csr (Sugar, Water), Pre Gel (Thickener (1422 Maize)), Strawberry Flavocol Natural (Flavour, Carmine, Vegetable Gum (415), Preservative(211)), Emulsifier (Water, Humectant (420),

Emulsifiers (471soy, 475))

Nutrition Information: Servings per package (average): 15

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1190kJ (258Cal)	1590kJ (380Cal)
Protein	1.7g	2.3g
Fat , total	17.8g	23.8g
- saturated	7.3g	9.7g
Carbohydrate	30.9g	41.3g
- sugars	26.9g	35.9g
Sodium	132mg	176mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### Mud Cake

**Size**: 750g

Shelf Life: 3 Days

Ingredients: Sugar, Wheat Flour, Cream: [Cream, Gelatine (Halal), Thickener (407)], Egg, Chocolate: [Sugar,

Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours], Water, Vegetable Oil, Milk Fat, Cocoa Powder, Chocolate: [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts], Modified Maize Starch (1422), Glucose Maltodextrin, Milk Solids, Potato Flour, Salt, Mineral Salts (450, 500), Emulsifiers (322Soy, 471, 477), Flavour, Colour (122, 133, 150C, 155, 150), Vegetable Gum (415, 401),

Preservative (202), Antioxidant (306, 320)

Nutrition Information: Servings per package (average): 6

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2060kJ (492Cal)	1650kJ (394Cal)
Protein	6.5g	5.2g
Fat , total	25.7g	20.6g
- saturated	13.4g	10.8g
Carbohydrate	58.8g	47.0g
- sugars	42.7g	34.2g
Sodium	77mg	62mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Mud Muffins**

**Size**: 125g

Shelf Life: 3 Days

Ingredients: Sugar, Wheat Flour, Cocoa Powder, Vegetable Oil, Cream: [Cream, Gelatine (Halal), Thickener

(407), Egg, Chocolate: [Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soy Lecithin, 476, 478, 492), Flavours, May Contain Traces Of Nuts], Water, Milk Fat, Glucose, Maltodextrin, Milk Solids, Potato Flour, Salt, Mineral Salts (450, 500), Emulsifiers (322Soy, 471, 477), Vegetable Gum (401, 415), Modified Maize Starch (1422), Flavour, Colour (122, 133, 150C,

150, 155), Preservative (202), Antioxidant (306, 320)

Nutrition Information: Servings per package (average): 1

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2060kJ (492Cal)	1650kJ (394Cal)
Protein	6.5g	5.2g
Fat , total	25.6g	20.5g
- saturated	13.1g	10.5g
Carbohydrate	59.2g	47.4g
- sugars	42.8g	34.3g
Sodium	76mg	61mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Mushrooms**

**Size**: 105g

Shelf Life: 2 Days

Ingredients: Jam Filling: [Sugar, Plum (35%), Apple, Blackcurrant (5%), Water, Vegetable Gum (440),

Preservative (202), Colour (123, 133), Flavour], Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Butter: [Cream, Water], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160B, 100)], Egg, Mineral Salts (450, 500), Salt, Spice, Vegetable Gum (401), Modified Maize Starch (1422),

Flavour, Colour (150, 102, 123), Vitamin (Thiamine)

Nutrition Information: Servings per package (average): 1

Serving size (average): 105g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1940kJ (463Cal)	1840kJ (441Cal)
Protein	3.2g	3.0g
Fat , total	20.3g	19.3g
- saturated	14.0g	13.3g
Carbohydrate	66.1g	63.0g
- sugars	51.9g	49.4g
Sodium	122mg	116mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Not Cross Bun**

Size: 95g

Shelf Life: 1 Days

Ingredients:

THOUSES

Flour (29%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Sultanas (16%) (Sultanas, Vegetable Oil), Currants (16%) (Currants Vegetable Oil), Water (16%), Margarine (5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Citrus Peel (3.5%) (Sugar, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Egg Pulp (Eggs), Sugar (3%) (Sugar (3%)), Flour (3%) (Wheat Flour), Yeast (Bakers Yeast, Emulsifier (491), Iodised Salt (Salt, Potassium Iodate), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Nutmeg (0.5%) (Nutmeg (0.5%)), Spices (Cinnamon, Corriander, Nutmeg, Ginger, Pimento, Clove), Improver (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Pre Gel (Thickener (1422 Maize)), Bunspice Essence 33 (0%) (Flavour), Emulsifier (Water, Humectant (420), Emulsifiers (471soy, 475))

**Nutrition Information:** 

Servings per package (average): 1

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1140kJ (272Cal)	1200kJ (286Cal)
Protein	5.6g	5.9g
Fat, Total	5.1g	5.4g
- Saturated	2.5g	2.6g
Carbohydrate	48.4g	50.9g
- Sugars	26.2g	27.5g
Sodium	326mg	343mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Egg and egg products Milk and Milk products Contains preservative

Last updated: Monday, 2 June, 2014

#### Orange and Poppy Seed Cake

**Size:** 520g

Shelf Life: 3 Days

Ingredients: Sugar, Wheat Flour, Water, Vegetable Fat, Vegetable Oil, Egg, Yoghurt: [Milk, Milk Solids Non

Fat, Live Cultures], Orange Juice (2%): [Reconstituted Orange Juice, Flavour, Vitamin C (300), Folate], Poppy Seed (1%), Flavour, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Salt, Food Acid (330), Orange Oil, Lemon Oil, Vegetable Gums (413, 415), Colours (102, 110, 124), Preservative (202), Antioxidant (306, 320,

307)

Nutrition Information: Servings per package (average): 8

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	908kJ (217Cal)	1400kJ (334Cal)
Protein	2.5g	3.9g
Fat , total	11.3g	17.4g
- saturated	1.4g	2.1g
Carbohydrate	27.1g	41.7g
- sugars	18.6g	28.6g
Sodium	194mg	299mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Orange Cake (Flourless) Medium

**Size**: 584g

Shelf Life: 3 Days

Ingredients: Orange (25%), Egg Yolk (19%), Almond Meal (Friutex) (17%) (Almonds), Castor Sugar (17%)

(Sugar), Cream Cheese Tatura (8%) (Milk, Starter Cultures), Icing Sugar (7%) (Sugar, Maize Flour), Sugar - Grade A1 (Sugar), Butter (3%), Baking Powder (1%) (Rice Flour, Mineral Salts

(450), (500)

Nutrition Information: Servings per package (average): 8

Serving size (average): 73g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	801kJ (191Cal)	1110kJ (264Cal)
Protein	8.5g	11.7g
Fat, Total	10.5g	14.5g
- Saturated	4.1g	5.7g
Carbohydrate	27.0g	37.3g
- Sugars	22.6g	31.2g
Sodium	122mg	168mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products

Last updated: Monday, 2 June, 2014

#### Orange Cake (Flourless) Mini

Size: 75g

Shelf Life: 4 Days

Ingredients: Orange (22%), Egg Yolk (16%), Cream Cheese Tatura (15%) (Milk, Starter Cultures), Almond

Meal (Friutex) (14%) (Almonds), Castor Sugar (14%) (Sugar), Icing Sugar (12%) (Sugar, Maize Flour), Butter (5%), Sugar - Grade A1 (2.5%) (Sugar), Baking Powder (0.5%) (Rice Flour, Mineral

Salts (450), (500)

Nutrition Information: Servings per package (average): 1

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	846kJ (202Cal)	1130kJ (270Cal)
Protein	7.1g	9.5g
Fat, Total	11.6g	15.5g
- Saturated	5.6g	7.4g
Carbohydrate	26.0g	34.7g
- Sugars	22.4g	29.9g
Sodium	114mg	152mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products

Last updated: Monday, 2 June, 2014

#### Orange Eclipse Pudding (Small)

**Size:** 440g

Shelf Life: 90 Days

Ingredients: Raisin, Sultanas (Sultanas, Vegetable Oil), Diced / Sliced Apple (Apple, Food Acid (300),

Firming Agent (509)), Sugar (Sugar), Egg Pulp (Eggs), Sugar (Brown Sugar), Butter, Unsalted (Cream), Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Almond Meal, Currants (Currants Vegetable Oil), Beer, Orange, Molasses, Glucose Syrup 43be (Glucose, Sugar), Baking Powder (Rice Flour, Mineral Salts (450),(500)), Blackjack (Colour (150c)), Speculaas

(Spices), Sorbex (Preservatives (202, 282)), Star Anise (Spice), Vanillin (Spice)

Nutrition Information: Servings per package (average): 4

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1480kJ (354Cal)	1350kJ (322Cal)
Protein	4.8g	4.3g
Fat , total	11.7g	10.7g
- saturated	4.7g	4.2g
Carbohydrate	56.2g	51.2g
- sugars	50.0g	45.4g
Sodium	63mg	57mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products
Egg and egg products

Contains preservative

Last updated: Monday, 2 June, 2014

#### Orange Eclipse Pudding (Large)

**Size:** 880g

Shelf Life: 90 Days

Ingredients: Sugar (Sugar), Raisin, Sultanas (Sultanas, Vegetable Oil), Diced / Sliced Apple (Apple,

Food Acid (300), Firming Agent (509)), Egg Pulp (Eggs), Sugar (Brown Sugar), Butter, Unsalted (Cream), Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Almond Meal, Currants (Currants Vegetable Oil), Beer, Orange, Molasses, Glucose Syrup 43be (Glucose, Sugar), Baking Powder (Rice Flour, Mineral Salts (450),(500)), Blackjack (Colour (150c)), Speculaas (Spices), Sorbex (Preservatives (202, 282)), Star Anise

(Spice), Vanillin (Spice)

Nutrition Information: Servings per package (average): 8

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1440kJ (343Cal)	1310kJ (312Cal)
Protein	4.4g	4.0g
Fat , total	10.8g	9.8g
- saturated	4.3g	3.9g
Carbohydrate	56.1g	51.0g
- sugars	50.3g	45.8g
Sodium	58mg	53mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from

genetically modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Orange Mud Cake - Jaffa Cake

Size: 750g

Shelf Life: 3 Days

THOUSES

Ingredients: Muffin Mix (36%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize

Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Chocolate Dark (15%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Chocolate White Cadbury Glow (12%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Egg Pulp Sunny Queen (11%) (Whole Egg Pulp Produced From Shell Hen Eggs), Bulla Thickened Cream (9%) (Cream, Gelatine (Halal), Carrageenan (407)), Water (7%), Canola Oil (5%) (Canola Oil, Antioxidant (306)), White Fondant (2%) (Sugar, Glucose, Water), Invert Syrup Csr (1.5%) (Sugar, Water), Orange Chocolate Flakes (1%) (Sugar, Vegetable Fat, Milk Solids (14%0, Emulsifier (Soya Lecithin-322), Flavour, Colours (102,124).), Apito Orange Flavouring Paste (1%) (Water, Ethanol, Orange Oil, Vegetable Gums (413, 415), Colours (102, 110, 124), Preservative (202)), Butter, Unsalted (0%) (Cream, Salt),

Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: Servings per package (average): 10

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1240kJ (297Cal)	1660kJ (396Cal)
Protein	3.1g	4.1g
Fat, Total	15.6g	20.8g
- Saturated	8.9g	11.9g
Carbohydrate	36.5g	48.7g
- Sugars	27.7g	36.9g
Sodium	209mg	278mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Orange Rough Muffin

**Size:** 130g

Shelf Life: 3 Days

Ingredients: Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Egg, Water, Chocolate: [Sugar, Vegetable

Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts], Coconut, Milk Solids, Wheat Starch, Modified Maize Starch (1422), Mineral Salts (500, 541, 170, 450), Emulsifiers (322 Soy, 471, 477), Salt, Flavours, Food Acid (330), Preservative (223, 202), Orange Oil, Vegetable Gums (413, 415, 401), Colour (102, 123, 110, 124),

Antioxidant (320, 307, 306)

Nutrition Information: Servings per package (average): 1

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1980kJ (474Cal)	1530kJ (365Cal)
Protein	5.8g	4.5g
Fat , total	22.9g	17.6g
- saturated	9.5g	7.3g
Carbohydrate	61.8g	47.5g
- sugars	42.9g	33.0g
Sodium	473mg	364mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Orange Rough

**Size**: 530g

Shelf Life: 3 Days

Ingredients: Water, Egg, Chocolate: [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin,

476, 492), Flavours May Contain Traces Of Nuts], Sugar, Wheat Flour, Vegetable Oil, Coconut, Milk Solids, Modified Maize Starch (1422), Vegetable Fat, Emulsifiers (322 Soy, 471, 477), Mineral Salts (170, 450, 500, 541), Vegetable Gum (413, 401, 415), Wheat Starch, Salt, Food Acid (330), Orange Oil, Preservative (223, 202), Flavour, Colours (102, 110, 124, 123),

Antioxidant (320, 307, 306)

Nutrition Information: Servings per package (average): 5.3

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1150kJ (275Cal)	1150kJ (275Cal)
Protein	3.5g	3.5g
Fat , total	21.0g	21.0g
- saturated	9.2g	9.2g
Carbohydrate	19.5g	19.5g
- sugars	17.6g	17.6g
Sodium	119mg	119mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Passionfruit Iced Sponge - Creamed

Size: 760g

Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Water, Chocolate:

[Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts], Passionfruit Paste (1%): [Sugar, Passionfruit, Water, Thickener (Starch), Acidity Regulator(330), Preservative (202), Flavour (Natural Passionfruit), Colour (Lemon Yellow)], Coconut, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Vegetable Gum (415, 401), Soy Flour, Dextrose, Flavour, Colour (102, 150, 123),

Preservative (223), Antioxidant (307)

Nutrition Information: Servings per package (average): 8

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1290kJ (308Cal)	1360kJ (324Cal)
Protein	3.5g	3.7g
Fat , total	17.6g	18.5g
- saturated	12.4g	13.0g
Carbohydrate	34.3g	36.1g
- sugars	25.7g	27.0g
Sodium	166mg	175mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Passionfruit Slice**

**Size:** 160g

Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Water, Milk Solids, Sugar, Wheaten

Cornflour, Passionfruit Paste (4%): [Sugar, Passionfruit, Water, Thickener (Starch), Food Acid (330), Preservative (202), Flavour (Natural Passionfruit), Colour (Lemon Yellow), Wheat Flour, Egg, Glucose, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Soya Flour, Flavour, Mineral Salt (450), Spice, Colour(150), Vegetable Gum (407, 401), Modified Maize Starch (1422), Food

Acid (330, 331), Preservative (202, 211), Vitamin (Thiamine)

Nutrition Information: Servings per package (average): 1

Serving size (average): 160g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1790kJ (428Cal)	1120kJ (268Cal)
Protein	6.6g	4.1g
Fat , total	24.8g	15.5g
- saturated	17.1g	10.7g
Carbohydrate	43.6g	27.2g
- sugars	30.4g	19.0g
Sodium	157mg	98mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Peppermint Cake**

Size: 880g Shelf Life:

3 Days

Ingredients:

CEHOUSES

Chocolate Dark (21%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Castor Sugar (20%) (Sugar), Margarine (14%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Flour (11%) (Wheat Flour, Vitamin (Thiamin)), Bulla Thickened Cream (11%) (Cream, Gelatine (Halal), Carrageenan (407)), Invert Syrup Csr (4%) (Sugar, Water), Margarine (4%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), White Fondant (4%) (Sugar, Glucose, Water), Chocolate White Cabury Glow (3%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Instant Ftd 449 (1.5%) (Thickener (1422 Maize)), Canola Oil (1%) (Canola Oil, Antioxidant (306)), Full Cream Milk Powder (0.5%) (Milk), Pettina Chocolate Paste (0.5%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Baking Soda (0%), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Salt Fine 25kg (0%) (Salt), Wispalett Special (0%) (Water, Humectant (420), Emulifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour (150)), Green Food Colouring (0%) (Colours (102,133).), Peppermint Essence (0%) (Peppermint Oil), White Cloud KI (0%) (Vegetable Fat), Egg Pulp Sunny Queen (0%) (Whole Egg Pulp Produced From Shell Hen Eggs)

**Nutrition Information:** Servings per package (average): 8

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2120kJ (503Cal)	1930kJ (460Cal)
Protein	3.0g	2.7g
Fat , total	30.1g	27.4g
- saturated	20.0g	18.2g
Carbohydrate	56.1g	51.0g
- sugars	44.2g	40.2g
Sodium	373mg	339mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

To our knowledge and information the above product has not been derived from genetically **GMO Status:** 

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Last updated: Monday, 2 June, 2014

Milk and Milk products Egg and egg products Contains preservative

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014

#### Pink Iced Sponge - Creamed

**Size**: 760g

Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Water, Cherries,

Glucose, Vegetable Gum (401, 413, 415), Modified Maize Starch (1422), Sprinkles: [Sugar Vegetable Fat, Glucose, Thickener (1422), Gelatine, Colours (102, 110, 133, 122, 123, 124)], Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Colour (102, 129, 122, 123, 150), Preservative (211, 202),

Flavour, Antioxidant (307)

Nutrition Information: Servings per package (average): 8

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1280kJ (307Cal)	1350kJ (323Cal)
Protein	3.4g	3.6g
Fat , total	17.2g	18.1g
- saturated	12.1g	12.7g
Carbohydrate	34.9g	36.8g
- sugars	26.4g	27.8g
Sodium	165mg	173mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Profiterole Cake**

**Size:** 1.35kg

Shelf Life: 3 Days refridgerated

Ingredients: Pasteurised Cream, Water, Chocolate: [Sugar, Vegetable Fat, Cocoa, Milk Solids, Emulsifiers

(Soy Lecthin,492, 462), Flavours, Salt], Sugar, Wheat Flour, Wheaten Cornflour, Vegetable Fats And Oils, Eggs, Milk Solids, Cream Cheese: [Milk, Starter Cultures], Cocoa Powder, Spice, Gelatine [Beef, Preservative 220], Dextrose, Emulsifiers (471,435, Soy Lecithin), Vegetable Gums (464, 415, 410, 412), Salt, Antioxidants (306), Flavour, Colour (160b, 100, 160b, E102,

E110), Vitamin (Thiamin, Folic Acid)

Nutrition Information: Servings per package (average): 15

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1240kJ (295Cal)	1370kJ (328Cal)
Protein	3.1g	3.5g
Fat, Total	18.2g	20.2g
- Saturated	13.1g	14.6g
Carbohydrate	29.1g	32.4g
- Sugars	21.1g	23.4g
Sodium	67mg	75mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts
Dairy (eggs & milk)

Last updated: Monday, 2 June, 2014

#### **Raspberry Lamington Sponge**

Size: 600g

Shelf Life: 2 Days

Ingredients:

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Thickened Cream (48%) (Cream, Gelatine (Halal), Carrageenan (407)), All Purpose Sponge Mix (14%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Coconut (10%) (Coconut, Preservative (223)), Water (8%), Raspberry Dip (7%) (Sugar, Gelatine, Modified Maize Starch (1422), Food Acid(330), Flavour, Colours(102, 122,123).), Egg Pulp (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Rasplum Filling Bakels (3%) (Apple, Sugar, Glucose, Vegetable Gum (440a), Food Acid (330), Colour (123, 110), Preservative (202), Flavour), Castor Sugar (2.5%) (Sugar), Pettina Cream Stabiliser (2.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Dusting Sugar (0%) (Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: Servings per package (average): 8

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1070kJ (256Cal)	1430kJ (342Cal)
Protein	2.8g	3.8g
Fat, Total	18.1g	24.1g
- Saturated	13.8g	18.4g
Carbohydrate	20.4g	27.2g
- Sugars	15.8g	21.1g
Sodium	81mg	108mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Egg & egg products

Peanuts, tree nuts

Milk and milk products

Preservative

Soybeans or soy products

Last updated: Monday, 2 June, 2014

#### **Raspberry Cream Lamington**

**Size:** 140g

Shelf Life: 2 Days

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Ingredients: Thickened Cream (41%) (Cream, Gelatine (Halal), Carrageenan(407)), Water (15%), Raspberry Dip (14%) (Sugar, Gelatine, Modified Maize Starch(1422), Food Acid(330), Flavour, Colours(102, 122,123).), Coconut (11%) (Coconut, Preservative (223)), All Purpose Sponge Mix (8%) (Wheat

Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Rasplum Filling Bakels (4%) (Apple, Sugar, Glucose, Vegetable Gum (440a), Food Acid (330), Colour (123, 110), Preservative (202), Flavour), Egg Pulp (3%) (Whole Egg Pulp Produced From Shell Hen Eggs), Castor Sugar (2%) (Sugar), Pettina Cream Stabiliser (2%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Dusting Sugar (0%) (Dextrose, Maize Starch,

Vegetable Fat, Vegetable Oil, Antioxidant (307)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: Servings per package (average): 1

Serving size (average): 140g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1940kJ (464Cal)	1390kJ (331Cal)
Protein	4.7g	3.3g
Fat, Total	31.1g	22.2g
- Saturated	24.2g	17.3g
Carbohydrate	40.7g	29.1g
- Sugars	34.8g	24.8g
Sodium	94mg	67mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Egg & egg products
Peanuts, tree nuts
Milk and milk products

Preservative

Soybeans or soy products

Last updated: Monday, 2 June, 2014

#### Red Velvet Cup Cake - Daffodil Day

Size: 75g

Shelf Life: 3 Days

Ingredients: Red Velvet Cake Mix (76%) (Sugar, Wheatflour, Cocoa Powder, Vegetable Oil (Antioxidant (307)),

Vegetable fat (Vegetable Oil, Emulsifier s(471,477), Antioxidant(320)), Maltodextrin, Potato Flour, Milk Solids, Salt, Raising Agent (341,450,500), Natural Flavour, Colour (120), Vegetable Gum(415), Egg Powder), Frosting Sheet (11%) (Water, Cornstarch, Corn Syrup, Corn Syrup Soliids, Cellulose, Sorbitol, Glycerine, Sugar, Vegetable Oil, Arabic Gum, Polysorbate 80, Keep, Titanium Dioxide, Citric Acid, Colours 110,133,122,102), Icing Sugar (8%) (Sugar, Maize Flour), Margarine (3%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Canola Oil (2%) (Canola Oil, Antioxidant

(306))

Nutrition Information: Servings per package (average): 1

Serving size (average): 75g

	Ave. Quantity per 100g
Energy	1610kJ (384Cal)
Protein	3.7g
Fat, Total	10.7g
- Saturated	3.4g
Carbohydrate	66.9g
- Sugars	46.5g
Sodium	411mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Egg & egg products
Peanuts, tree nuts
Milk and milk products

Soybeans or soy products

Last updated: Monday, 2 June, 2014

#### Red Velvet Cup Cake

Size: 80g

Shelf Life: 3 Days

Ingredients: Red Velvet Cake Mix (47%) (Sugar, Wheatflour, Cocoa Powder, Vegetable Oil

(Antioxidant(307)), Vegetable fat (Vegetable Oil,

Emulsifiers(471,477),Antioxidant(320)),Maltodextrin,Potato Flour,Milk Solids, Salt, Raising Agent (341,450,500), Natural Flavour, Colour (120), Vegetable Gum(415), Egg Powder), Icing Sugar (23%) (Sugar, Maize Flour), Egg Pulp (8%) (Whole Egg Pulp Produced From Shell Hen Eggs), Canola Oil (7%) (Canola Oil, Antioxidant (306)), Water (6%), Cream Cheese Tatura (5%) (Milk, Starter Cultures), Butter (1.5%), Margarine (1.5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Colour Pillar Box Red Liquid (0%) (Colour E124))

Nutrition Information: Servings per package (average): 1

Serving size (average): 75g

		Ave. Quantity per 100g
Energy	1330kJ (318Cal)	1670kJ (398Cal)
Protein	3.1g	3.8g
Fat, Total	12.9g	16.1g
- Saturated	3.9g	4.8g
Carbohydrate	47.8g	59.8g
- Sugars	37.1g	46.3g
Sodium	213mg	266mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Egg & egg products

Milk and milk products

Last updated: Monday, 2 June, 2014

#### Red Velvet Cake

**Size:** 760g

Shelf Life: 3 Days

Ingredients: Red Velvet Cake Mix (49%) (Sugar, Wheatflour, Cocoa Powder, Vegetable Oil

(Antioxidant(307)), Vegetable fat (Vegetable Oil,

Emulsifiers (471,477), Antioxidant (320)), Maltodextrin, Potato Flour, Milk Solids, Salt, Raising Agent (341,450,500), Natural Flavour, Colour (120), Vegetable Gum (415), Egg Powder), Icing Sugar (17%) (Sugar, Maize Flour), Water (12%), Egg Pulp (9%) (Whole Egg Pulp Produced From Shell Hen Eggs), Canola Oil (7%) (Canola Oil, Antioxidant (306)), Cream Cheese Tatura (4%) (Milk, Starter Cultures), Butter (1.5%), Margarine (1.5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Colour Pillar Box Red Liquid (0%) (Colour E124)

Nutrition Information: Servings per package (average): 8

Serving size (average): 95g

		Ave. Quantity per 100g
Energy	1480kJ (353Cal)	1560kJ (372Cal)
Protein	3.6g	3.8g
Fat, Total	14.5g	15.3g
- Saturated	3.9g	4.1g
Carbohydrate	52.3g	55.1g
- Sugars	39.4g	41.5g
Sodium	256mg	270mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Egg & egg products

Milk and milk products

Last updated: Monday, 2 June, 2014

#### Red Velvet Swirl Cake

Size: 1120g
Shelf Life: 3 Days

Ingredients: Ingredients: Red Velvet Cake Mix (51%) (Sugar, Wheat flour, Cocoa Powder, Vegetable Oil

(Antioxidant(307)), Vegetable fat(Vegetable Oil,

Emulsifiers(471,477),Antioxidant(320)),Maltodextrin, Potato Flour, Milk Solids, Salt, Raising Agent (341,450,500), Natural Flavour, Colour (120), Vegetable Gum(415), Egg Powder), Icing Sugar (31%) (Sugar, Maize Flour), Cream Cheese (8%) (Cheese: [milk, Cream, Salt, Stabiliser (410, 412), Culture]), Margarine (4%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Butter, Unsalted (3%) (Cream), Icing Colour (1.5%) (Sugar, Corn Syrup, Water, Palm Oil, Gum Tragacanth(413),Artificial Vanilla Flavouring, Cellulose Gum (460), Glycenne(422),Modified Corn Starch, Preservatives, Potassium Sorbate(202),Acetic

Acid(260), Colours 110,133,129,127,102, Caramel 150d)

Nutrition Information: Servings per package (average): 8

Serving size (average): 140g

		Ave. Quantity per 100g
Energy	2630kJ (627Cal)	1880kJ (448Cal)
Protein	4.8g	3.4g
Fat, Total	19.7g	14.1g
- Saturated	9.9g	7.1g
Carbohydrate	106g	75.7g
- Sugars	84.6g	60.4g
Sodium	414mg	296mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Egg & egg products

Milk and milk products

Last updated: Monday, 2 June, 2014

#### Salted Caramel Pudding - Large

**Size:** 800g

Shelf Life: 7 Days

Ingredients: Butter, Unsalted (20%) (Cream (20%)), Wheat Flour (19%) (Wheat Flour, Vitamin (Thiamin), Folic

Acid), Water (14%), Chocolate White Snowcap (12%) (Sugar, Vegetable Fat, Whey Powder, Emulsifers (Soya Lecithin,492), May Contain Traces Of Nuts), Sugar (11%) (Brown Sugar), Sugar (10%) (Sugar (10%)), Egg Pulp (6%) (Eggs), Cream (6%) (Pasteurised Cream), Caramel Flavour (1%), Iodised Salt (0.5%) (Salt, Potassium Iodate), Baking Powder (0.5%) (Rice Flour, Mineral Salts (450),(500)), White Fondant (S/i) (Sugar, Corn Syrup, Water, Vegetable Shortening, Glcerine (422), Gums (413, 466) colour (171), Vegetable Gum (415), Emulsifier (471),

Preservative (202), Artificial Vanilla Flavouring)

Nutrition Information: Servings per package (average): 10

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1330kJ 317Cal)	1660kJ (396Cal)
Protein	2.7g	3.4g
Fat , total	18.8g	23.5g
- saturated	12.9g	16.1g
Carbohydrate	34.7g	43.4g
- sugars	24.1g	30.1g
Sodium	158mg	198mg

Storage Conditions: Store in a chilled environment away from direct sunlight.

**GMO Status:** To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg & Egg products

Last updated: Monday, 2 June, 2014

#### Salted Caramel Pudding - Small

**Size:** 360g

Shelf Life: 7 Days

Ingredients: Butter, Unsalted (21%) (Cream (21%)), Chocolate White Snowcap (18%) (Sugar, Vegetable Fat,

Whey Powder, Emulsifers (Soya Lecithin, 492), May Contain Traces Of Nuts), Wheat Flour (15%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Water (12%), Sugar (11%) (Sugar (11%)), Sugar (9%) (Brown Sugar), Cream (7%) (Pasteurised Cream), Egg Pulp (5%) (Eggs), Caramel Flavour (1%), White Fondant (S/i) (0.5%) (Sugar, Corn Syrup, Water, Vegetable Shortening, Glcerine (422), Gums (413,466) colour (171), Vegetable Gum (415), Emulsifier (471), Preservative (202), Artificial Vanilla Flavouring), Iodised Salt (0.5%) (Salt, Potassium Iodate), Baking Powder

(0.5%) (Rice Flour, Mineral Salts (450),(500))

Nutrition Information: Servings per package (average): 4

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1580kJ 376Cal)	1750kJ (418Cal)
Protein	2.7g	2.9g
Fat , total	23.2g	25.8g
- saturated	16.4g	18.3g
Carbohydrate	39.8g	44.2g
- sugars	30.0g	33.3g
Sodium	170mg	189mg

Storage Conditions: Store in a chilled environment away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg & Egg products

Last updated: Monday, 2 June, 2014

#### **Scotch Finger**

**Size:** 15g

Shelf Life: 60 days

Ingredients: Wheat Flour, Butter: [Cream, Water], Wheaten Cornflour, Sugar, Vitamin (Thiamine)

Nutrition Information: Servings per package (average): 1

Serving size (average): 15g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	343kJ (82Cal)	2280kJ (546Cal)
Protein	0.7g	5.0g
Fat , total	4.9g	32.4g
- saturated	3.2g	21.5g
Carbohydrate	8.7g	58.1g
- sugars	2.2g	14.8g
Sodium	37mg	246mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

Milk and Milk products

Last updated: Monday, 2 June, 2014

#### Mini Sponge On The Run

Size: 570g

Shelf Life: 2 Days

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Ingredients: Cream (Pasteurised Cream), Sponge Mix (Wheat Flour, Sugar, Whipping Agent [emulsifiers

(472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Egg Pulp (Eggs), Strawberry, Sugar (Sugar), Pettina Cream Stabiliser (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Chocolate Dark (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers(Soy Lecthin,492), Flavours, Salt May Contain Traces Of Nuts), Chocolate Paste Vegetarian (Water, Humectant 422, Cocoa Powder, Natural Colour (162, 160c), Natural Flavours, Vegetable Gum (413), Preservative (202)), Dusting Sugar (Dextrose, Maize Starch, Vegetable Fat,

Vegetable Oil, Antioxidant (307))

Nutrition Information: Servings per package (average): 6

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1350kJ (322Cal)	1420kJ (339Cal)
Protein	2.9g	3.1g
Fat , total	25.3g	26.6g
- saturated	16.4g	17.2g
Carbohydrate	21.3g	22.5g
- sugars	15.8g	16.6g
Sodium	115mg	121mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Sponge On The Run

Size: 1.1kg
Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Strawberry,

Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours], Chocolate Paste: [Water, Colour (122, 133, 150C, 155), Flavours, Vegetable Gum (415), Preservative (202)], Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Maize Starch, Vegetable Fat, Vegetable Gum (415, 401), Soy Flour, Dextrose,

Flavour, Colour (102, 150), Antioxidant (307)

Nutrition Information: Servings per package (average): 12

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1230kJ (294Cal)	1300kJ (310Cal)
Protein	3.1g	3.3g
Fat , total	22.2g	23.4g
- saturated	16.2g	17.0g
Carbohydrate	21.2g	22.3g
- sugars	15.5g	16.4g
Sodium	136mg	143mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### **Sponge Sheet**

**Size:** 100g

Shelf Life: 2 Days

Ingredients: Wheat Flour, Sugar, Egg, Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral

Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Emulsifier (471

Soy), Colour (102), Antioxidant (307)

Nutrition Information: Servings per package (average): 1

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1280kJ (306Cal)	1280kJ (306Cal)
Protein	7.2g	7.2g
Fat , total	5.3g	5.3g
- saturated	1.7g	1.7g
Carbohydrate	57.9g	57.9g
- sugars	32.4g	32.4g
Sodium	440mg	440mg

**Storage Conditions:** Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products

Last updated: Monday, 2 June, 2014

#### **Sticky Date Pudding**

Size: 660g

Shelf Life: 4 Days

Ingredients: Dates Diced (Dates (17%)), Sugar (Sugar), Wheat Flour (Wheat Flour, Vitamin (Thiamin), Folic

Acid), Water, Egg Pulp (Eggs), Butter, Unsalted (Cream), Sugar (Brown Sugar), Cream (Pasteurised Cream), Pecan Pieces Large 14kg (Pecan Nuts), Fondant White (Sucrose, Glucose Syrup(Maize), Water Added, Hydrogenated Vegetable Oil, Emulsifier(471)), Margarine (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Baking Powder (Rice Flour, Mineral Salts (450),(500)), Milk Plain (Milk), Baking Soda, Egg Yolk, Flour,

Iodised Salt (Salt, Potassium Iodate), Sugar - Grade A1 (Sugar)

Nutrition Information: Servings per package (average): 12

Serving size (average): 55g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	783kJ (187Cal)	1420kJ (340Cal)
Protein	2.0g	3.7g
Fat, Total	8.0g	14.6g
- Saturated	4.6g	8.3g
Carbohydrate	26.3g	47.8g
- Sugars	20.7g	37.6g
Sodium	93mg	169mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals including Gluten

Milk and Milk products

Egg and egg products

May contain Peanuts and soybeans, and their products

Last updated: Monday, 2 June, 2014

#### **Strawberry Tart**

**Size:** 100g

Shelf Life: 2 Days

Ingredients:

Strawberry (30%), Water (18%), Flour (15%) (Wheat Flour, Vitamin (Thiamin)), Flan Gel (Hadeja) (13%) (Sugar, Water, Glucose, Vegetable Gum (407), Food Acid (330, 331), Preservative (202, 211)), Castor Sugar (8%) (Sugar), Corn Flour (4.5%) (Wheaten Cornflour), Butter, Unsalted (4%) (Cream, Salt), Royal Danish12.5kg (4%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean,(165mg/kg)], Colour (160b, 100)), Full Cream Milk Powder (2%) (Milk), Egg Pulp Sunny Queen (1.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Egg Yolk (0.5%), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Sugar - Grade A1 (Sugar), Colour (0%) (Colour (110, 102)), Colour Yellow Egg (0%) (Colour (102, 123)), Vanillin (0%) (Spice)

Nutrition Information: Servings per package (average): 1

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	888kJ (2121Cal)	888kJ (2121Cal)
Protein	3.0g	3.0g
Fat , total	7.7g	7.7g
- saturated	4.7g	4.7g
Carbohydrate	31.5g	31.5g
- sugars	17.1g	17.1g
Sodium	105mg	105mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts

Dairy (eggs & milk)

Last updated: Monday, 2 June, 2014

#### Swiss Roll / Jam Roll

**Size:** 440g

Shelf Life: 5 Days

Ingredients: All Purpose Sponge Mix (48%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447),

Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids,

Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy

Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Raspberry Super (33%) (Sugar,

Fruit(42%)(Plums, Raspberries), Geling Agent(Pectin), Acid(330),

Colours(150c,124,122), Preservative(202), Flavour.), Liquid Egg (19%))

Nutrition Information: Servings per package (average): 11

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	500kJ (119Cal)	1250kJ (299Cal)
Protein	2.0g	4.9g
Fat, Total	1.4g	3.6g
- Saturated	0.5g	1.1g
Carbohydrate	24.7g	61.7g
- Sugars	17.5g	43.8g
Sodium	119mg	298mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts, nuts and soybeans, and their products

Milk and Milk products Egg and egg products

Last updated: Monday, 2 June, 2014

#### Trifle (large)

**Size**: 950g

Shelf Life: 2 Days

Ingredients: Milk, Egg, Wheat Flour, Sugar, Cream: [Cream, Gelatine (Halal), Thickener (407)], Water,

Wheaten Cornflour, Jam: [Sugar, Plums, Raspberries, Vegetable Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Sweet Sherry, Peanuts, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (170, 450, 500, 541, 339), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Modified Maize Starch (1422), Flavour, Colour (122, 133, 150C, 155, 102, 150), Vegetable Gum (415,

401), Preservative (202, 220), Antioxidant (307)

Nutrition Information: Servings per package (average): 9.5

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	827kJ (198Cal)	827kJ (198Cal)
Protein	3.8g	3.8g
Fat , total	9.4g	9.4g
- saturated	6.3g	6.3g
Carbohydrate	22.6g	22.6g
- sugars	16.0g	16.0g
Sodium	106mg	106mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Trifle (small)

**Size:** 200g

Shelf Life: 2 Days

Ingredients: Milk, Egg, Wheat Flour, Sugar, Cream: [Cream, Gelatine (Halal), Thickener (407)], Water,

Wheaten Cornflour, Jam: [Sugar, Plums, Raspberries, Vegetable Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Sweet Sherry, Peanuts, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (170, 450, 500, 541, 339), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Modified Maize Starch (1422), Flavour, Colour (122, 133, 150C, 155, 102, 150), Vegetable Gum (415,

401), Preservative (202, 220), Antioxidant (307)

Nutrition Information: Servings per package (average): 1

Serving size (average): 200g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1380kJ (330Cal)	692kJ (165Cal)
Protein	7.5g	3.7g
Fat , total	12.5g	6.2g
- saturated	7.7g	3.9g
Carbohydrate	44.8g	22.4g
- sugars	31.6g	15.8g
Sodium	194mg	97mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Valentines Day Strawberry Heart Cake

Size: 1320 g
Shelf Life: 2 Days

Ingredients:

THOUSES

Icing Sugar (Sugar, Maize Flour), Sponge Mix (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Strawberries (18%), Cream (Pasteurised Cream), Egg Pulp (Eggs), Cream Cheese (Milk, Starter Cultures), Raspberry Super (Sugar, Fruit(42%) (Plums, Raspberries), Geling Agent (Pectin), Acid (330), Colours (150c,124,122), Preservative (202), Flavour.), Butter, Unsalted (Cream), Margarine (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Flan Gel Belnap (Sugar, Water, Glucose, Gelling Agents[carrageen E407,Pectin E440], Acidifie R[citric Acid E330], Acidity Regulators [sodium Citrate E331, Tricalcium Phosphate E341iii], Preservative[potassium Sorbate E202}), Strawberry Flavocol Natural (Flavour, Carmine, Vegetable Gum (415),Preservative(211)), Sugar (Sugar), Pettina Cream Stabiliser (Sugar, Vegetable Gum (401), Modified Maize Starch (1422))

**Nutrition Information:** 

Servings per package (average): 12

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1410kJ (337Cal)	1280kJ (306Cal)
Protein	3.4g	3.1g
Fat , total	13.5g	12.2g
- saturated	8.2g	7.4g
Carbohydrate	50.6g	46.0g
- sugars	42.0g	38.2g
Sodium	158mg	143mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products
Egg and egg products

Last updated: Monday, 2 June, 2014

#### Valentines Day Love Box Cake

Size: 2 Kg
Shelf Life: 2 Days

Ingredients:

CEHOUSES

Icing White (Sugar, Corn Syrup, Palm Oil, Gum Tragacanth (413), Artificial Vanilla Flavouring, Cellulose Gum (460), Glycerine (422), Modified Corn Starch, Preservatives 202, Acetic Acid (260), Titanium Dioxide(171)), Water, Creme Cake Muffin Mix (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioixidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (Eggs), Chocolate White Snowcap (Sugar, Vegetable Fat, Whey Powder, Emulsifers (Soya Lecithin, 492), May Contain Traces Of Nuts), Icing Sugar (Sugar, Maize Flour), Canola Oil (Canola Oil, Antioxidant (306)), Cream Cheese (Milk, Starter Cultures), Strawberry Flavocol Natural (Flavour, Carmine, Vegetable Gum (415), Preservative(211)), Butter, Unsalted (Cream), Margarine (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Egg, Acetic Acid (Food Acic (330))

Nutrition Information: Servings per package (average): 25

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1170kJ (280Cal)	1460kJ (349Cal)
Protein	2.1g	2.7g
Fat , total	10.2g	12.8g
- saturated	4.0g	4.9g
Carbohydrate	45.3g	56.6g
- sugars	37.1g	46.3g
Sodium	98mg	122mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014

Last updated: Monday, 2 June, 2014

#### Vanilla Sponge On The Run

Size: 1.1kg
Shelf Life: 2 Days

THOUSES

Ingredients: Cream (Pasteurised Cream), Sponge Mix (Wheat Flour, Sugar, Whipping Agent [emulsifiers

(472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Liquid Egg, Raspberry Super (Sugar, Fruit(42%) (Plums, Raspberries), Gelling Agent (Pectin), Acid (330), Colours(150c,124,122), Preservative(202), Flavour.), Strawberry, Sugar (Sugar), Pettina Cream Stabiliser (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Chocolate White Snowcap Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Dusting Sugar (Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307))

Nutrition Information: Servings per package (average): 12

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1380kJ (330Cal)	1460kJ (348Cal)
Protein	2.8g	3.0g
Fat , total	24.3g	25.5g
- saturated	15.7g	16.5g
Carbohydrate	25.9g	27.3g
- sugars	19.9g	20.9g
Sodium	124mg	131mg

Storage Conditions: Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

Last updated: Monday, 2 June, 2014

#### Vanilla Slice

**Size**: 140g

Shelf Life: 2 Days

Ingredients: Water (35%), White Fondant (16%) (Sugar, Glucose, Water), Full Cream Milk Powder (13%)

(Milk), Castor Sugar (10%) (Sugar), Corn Flour (8%) (Wheaten Cornflour), Flour (7%) (Wheat Flour, Vitamin (Thiamin)), Margarine (4.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours), Egg Pulp Sunny Queen (4%) (Whole Egg Pulp Produced From Shell Hen Eggs), Bulla Thickened Cream (2%) (Cream, Gelatine (Halal), Thickener(407)), Am Soya Flour Full Fat (0.5%) (Soya Flour),

Antelope (0%) (Mineral Salt (450), Wheat Flour), Vanillin (0%) (Spice)

Nutrition Information: Servings per package (average): 1

Serving size (average): 140g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1580kJ (377Cal)	1130kJ (269Cal)
Protein	6.6g	4.7g
Fat , total	12.0g	8.5g
- saturated	7.0g	5.0g
Carbohydrate	58.8g	42.0g
- sugars	41.4g	29.6g
Sodium	188mg	134mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products Egg and egg products

Last updated: Monday, 2 June, 2014

#### **Walnut Twist**

Size: 1.1kg
Shelf Life: 1 Day

CEHOUSES

Ingredients: Flour (31%) (Wheat Flour, Vitamin (Thiamin)), White Fondant (23%) (Sugar, Glucose, Water),

Water (15%), Castor Sugar (6%) (Sugar), Margarine (5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Sultanas (5%) (Sultanas, Vegetable Oil, Glycerine), Currants (5%) (Currants Vegetable Oil (Soyabean And Cottonseed).), Liquid Egg (2.5%), Walnuts (2.5%) (Walnuts 100%), Full Cream Milk Powder (1%) (Milk), Citrus Peel (1%) (Sugar, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Salt Fine 25kg (0.5%) (Salt), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Cinnamon Ground (0%) (Cinnamon), Cinnamon Pada Vera (0%) (Cinnamon), Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: Servings per package (average): 10

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1480kJ (354Cal)	1350kJ (322Cal)
Protein	5.9g	5.3g
Fat , total	8.1g	7.3g
- saturated	3.4g	3.1g
Carbohydrate	62.8g	57.1g
- sugars	38.2g	34.7g
Sodium	373mg	339mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically

modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Tree nuts and sesame seeds and their products

Milk and Milk products Egg and egg products Contains preservative

GUSON PLARRE

BAKEHOUSES

Last updated: Monday, 2 June, 2014